# MODEL APPLICATION TEMPLATE FOR STATE CHILD HEALTH PLAN UNDER TITLE XXI OF THE SOCIAL SECURITY ACT STATE CHILDREN'S HEALTH INSURANCE PROGRAM

(Required under 4901 of the Balanced Budget Act of 1997 (New section 2101(b)))

State/Territory:	Maryland
(Name of St	ate/Territory)
As a condition for receipt of Federal funds 457.40(b))	s under Title XXI of the Social Security Act, (42 CFR,
(Signature of G	overnor's Designee, Date Signed)
to administer the program in accordance w	or the Children's Health Insurance Program and hereby agrees with the provisions of the approved Child Health Plan, the Act (as appropriate) and all applicable Federal regulations and it.
The following State officials are responsible 457.40(c)):	ble for programadmin is tration and financial oversight (42 CFR
Dennis Schrader	Secretary, Maryland Department of Health
[vacant]	Deputy Secretary, Health Care Financing, Maryland Department of Health
Debbie Ruppert	Executive Director, Office of Eligibility Services, Health Care Financing, Maryland Department of Health
*Disclosure According to the Paperwor	k Reduction Act of 1995 no persons are required to

\*Disclosure. According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 09380707. The time required to complete this information collection is estimated to awrage 160 hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have any comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, write to: CMS, 7500 Security Blvd., Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

**Introduction:** Section 4901 of the Balanced Budget Act of 1997 (BBA), public law 1005-33 amended the Social Security Act (the Act) by adding a new title XXI, the Children's Health Insurance Program (CHIP). In February 2009, the Children's Health Insurance Program Reauthorization Act (CHIPRA) renewed the program. The Patient Protection and Affordable Care Act of 2010 further modified the program.

This template outlines the information that must be included in the state plans and the state plan amendments (SPAs). It reflects the regulatory requirements at 42 CFR Part 457 as well as the previously approved SPA templates that accompanied guidance issued to States through State Health Official (SHO) letters. Where applicable, we indicate the SHO number and the date it was is sued for your reference. The CHIP SPA template includes the following changes:

- Combined the instruction document with the CHIP SPA template to have a single document.
   Any modifications to previous instructions are for clarification only and do not reflect new policy guidance.
- o Incorporated the previously issued guidance and templates (see the Key following the template for information on the newly added templates), including:
  - Prenatal care and associated health care services (SHO #02-004, is sued November 12, 2002)
  - Coverage of pregnant women (CHIPRA #2, SHO # 09-006, is sued May 11, 2009)
  - Tribal consultation requirements (ARRA #2, CHIPRA #3, is sued May 28, 2009)
  - Dental and supplemental dental benefits (CHIPRA # 7, SHO # #09-012, is sued October 7, 2009)
  - Premium assistance (CHIPRA # 13, SHO # 10-002, is sued February 2, 2010)
  - Express lane eligibility (CHIPRA # 14, SHO # 10-003, is sued February 4, 2010)
  - Lawfully Residing requirements (CHIPRA # 17, SHO # 10-006, is sued July 1, 2010)
- Moved sections 2.2 and 2.3 into section 5 to eliminate redundancies between sections 2 and
   5.
- o Removed crowd-out language that had been added by the August 17 letter that later was repealed.

The Centers for Medicare & Medicaid Services (CMS) is developing regulations to implement the CHIPRA requirements. When final regulations are published in the Federal Register, this template will be modified to reflect those rules and States will be required to submit SPAs illustrating compliance with the new regulations. States are not required to resubmit their State plans based on the updated template. However, States must use the updated template when submitting a State Plan Amendment.

**Federal Requirements for Submission and Review of a Proposed SPA.** (42 CFR Part 457 Subpart A) In order to be eligible for payment under this statute, each State must submit a Title XXI plan for approval by the Secretary that details how the State intends to use the funds and fulfill other requirements under the law and regulations at 42 CFR Part 457. A SPA is approved in 90 days unless the Secretary notifies the State in writing that the plan is disapproved or that specified additional information is needed. Unlike Medicaid SPAs, there is only one 90 day review period, or clock for CHIP SPAs, which may be stopped by a request for additional

information and restarted after a complete response is received. More information on the SPA review process is found at 42 CFR 457 Subpart A.

When submitting a State plan amendment, states should redline the changes that are being made to the existing State plan and provide a "clean" copy including changes that are being made to the existing state plan.

The template includes the following sections:

- 1. **General Des cription and Purpose of the Children's Health Insurance Plans and the Requirements** This section should describe how the State has designed their program. It also is the place in the template that a State updates to insert a short description and the proposed effective date of the SPA, and the proposed implementation date(s) if different from the effective date. (Section 2101); (42 CFR, 457.70)
- 2. General Background and Description of State Approach to Child Health Coverage and Coordination- This section should provide general information related to the special characteristics of each state's program. The information should include the extent and manner to which children in the State currently have creditable health coverage, current State efforts to provide or obtain creditable health coverage for uninsured children and how the plan is designed to be coordinated with current health insurance, public health efforts, or other enrollment initiatives. This information provides a health insurance baseline in terms of the status of the children in a given State and the State programs currently in place. (Section 2103); (42 CFR 457.410(A))
- 3. **Methods of Delivery and Utilization Controls** This section requires a description that must include both proposed methods of delivery and proposed utilization control systems. This section should fully describe the delivery system of the Title XXI programincluding the proposed contracting standards, the proposed delivery systems and the plans for enrolling providers. (Section 2103); (42 CFR 457.410(A))
- 4. **Eligibility Standards and Methodology-** The plan must include a description of the standards used to determine the eligibility of targeted low-income children for child health assistance under the plan. This section includes a list of potential eligibility standards the State can check off and provide a short description of how those standards will be applied. All eligibility standards must be consistent with the provisions of Title XXI and may not discriminate on the basis of diagnosis. In addition, if the standards vary within the state, the State should describe how they will be applied and under what circumstances they will be applied. In addition, this section provides information on income eligibility for Medicaid expansion programs (which are exempt from Section 4 of the State plan template) if applicable. (Section 2102(b)); (42 CFR 457.305 and 457.320)
- 5. **Outreach**-This section is designed for the State to fully explain its outreach activities. Outreach is defined in law as outreach to families of children likely to be eligible for child health assistance under the plan or under other public or private health coverage programs. The purpose is to inform these families of the availability of, and to assist them in enrolling their children in, such a program. (Section 2102(c)(1)); (42CFR, 457.90)
- 6. Coverage Requirements for Children's Health Insurance-Regarding the required scope of health insurance coverage in a State plan, the child health assistance provided must consist of any of the four types of coverage outlined in Section 2103(a) (specifically, benchmark coverage; benchmark-equivalent coverage; existing

- comprehensive state-based coverage; and/or Secretary-approved coverage). In this section States identify the scope of coverage and benefits offered under the plan including the categories under which that coverage is offered. The amount, scope, and duration of each offered service should be fully explained, as well as any corresponding limitations or exclusions. (Section 2103); (42 CFR 457.410(A))
- 7. Quality and Appropriateness of Care-This section includes a description of the methods (including monitoring) to be used to assure the quality and appropriateness of care and to assure access to covered services. A variety of methods are available for State's use in monitoring and evaluating the quality and appropriateness of care in its child health assistance program. The section lists some of the methods which states may consider using. In addition to methods, there are a variety of tools available for State adaptation and use with this program. The section lists some of these tools. States also have the option to choose who will conduct these activities. As an alternative to using staff of the State agency administering the program, states have the option to contract out with other organizations for this quality of care function. (Section 2107); (42 CFR 457.495)
- 8. **Cost Sharing and Payment-** This section addresses the requirement of a State child health plan to include a description of its proposed cost sharing for enrollees. Cost sharing is the amount (if any) of premiums, deductibles, coinsurance and other cost sharing imposed. The cost-sharing requirements provide protection for lower income children, ban cost sharing for preventive services, address the limitations on premiums and cost-sharing and address the treatment of pre-existing medical conditions. (Section 2103(e)); (42 CFR 457, Subpart E)
- 9. Strategic Objectives and Performance Goals and Plan Administration- The section addresses the strategic objectives, the performance goals, and the performance measures the State has established for providing child health assistance to targeted low income children under the plan for maximizing health benefits coverage for other low income children and children generally in the state. (Section 2107); (42 CFR 457.710)
- 10. **Annual Reports and Evaluations** Section 2108(a) requires the State to assess the operation of the Children's Health Insurance Programplan and submit to the Secretary an annual report which includes the progress made in reducing the number of uninsured low income children. The report is due by January 1, following the end of the Federal fis cal year and should cover that Federal Fis cal Year. In this section, states are asked to assure that they will comply with these requirements, indicated by checking the box. (Section 2108); (42 CFR 457.750)
- 11. **Program Integrity** In this section, the State assures that services are provided in an effective and efficient manner through free and open competition or through basing rates on other public and private rates that are actuarially sound. (Sections 2101(a) and 2107(e); (42 CFR 457, subpart I)
- 12. Applicant and Enrollee Protections- This section addresses the review process for eligibility and enrollment matters, health services matters (i.e., grievances), and for states that use premium as sistance a description of how it will as sure that applicants and enrollees are given the opportunity at initial enrollment and at each redetermination of eligibility to obtain health benefits coverage other than through that group health plan. (Section 2101(a)); (42 CFR 457.1120)

**Program Options.** As mentioned above, the law allows States to expand coverage for children through a separate child health insurance program, through a Medicaid expansion program, or through a combination of these programs. These options are described further below:

- o **Option to Create a Separate Program-** States may elect to establish a separate child health program that are in compliance with title XXI and applicable rules. These states must establish enrollment systems that are coordinated with Medicaid and other sources of health coverage for children and also must screen children during the application process to determine if they are eligible for Medicaid and, if they are, enroll these children promptly in Medicaid.
- Option to Expand Medicaid- States may elect to expand coverage through Medicaid. This option for states would be available for children who do not qualify for Medicaid under State rules in effect as of March 31, 1997. Under this option, current Medicaid rules would apply.

# Medicaid Expansion- CHIP SPA Requirements

In order to expedite the SPA process, states choosing to expand coverage only through an expansion of Medicaid eligibility would be required to complete sections:

- 1 (General Description)
- 2 (General Background)

They will also be required to complete the appropriate programs ections, including:

- 4 (Eligibility Standards and Methodology)
- 5 (Outreach)
- 9 (Strategic Objectives and Performance Goals and Plan Administration including the budget)
- 10 (Annual Reports and Evaluations).

# Medicaid Expansion- Medicaid SPA Requirements

States expanding through Medicaid-only will also be required to submit a Medicaid State Plan Amendment to modify their Title XIX State plans. These states may complete the first check-off and indicate that the description of the requirements for these sections are incorporated by reference through their State Medicaid plans for sections:

- 3 (Methods of Delivery and Utilization Controls)
- 4 (Eligibility Standards and Methodology)
- 6 (Coverage Requirements for Children's Health Insurance)
- 7 (Quality and Appropriateness of Care)
- 8 (Cost Sharing and Payment)
- 11 (ProgramIntegrity)
- 12 (Applicant and Enrollee Protections) indicating State
- Combination of Options CHIP allows states to elect to use a combination of the Medicaid program and a separate child health program to increase health coverage for children. For example, a State may cover optional targeted-low income children in families with incomes of up to 133 percent of poverty through Medicaid and a targeted group of children above that level through a separate child health program. For the children the State chooses to cover under an expansion of Medicaid, the description provided under "Option to Expand Medicaid" would apply. Similarly, for children the State chooses to cover under a separate

program, the provisions outlined above in "Option to Create a Separate Program" would apply. States wishing to use a combination of approaches will be required to complete the Title XXI State plan and the necessary State plan amendment under Title XIX.

Starting September 1, 2015, a mailbox will serve as point of receipt for official submissions, rather than your designated Project Officer. We are making this change to improve the process by which we receive official Children's Health Insurance Program (CHIP) State Plan A mendment (SPA) submissions and other official CHIP correspondence. Please send all official CHIP SPA submissions, official Request for Additional Information (RAI) responses, and Corrective Action Plan responses to the CHIP mailbox at: CHIPSPA SubmissionMailBox@cms.hhs.gov with a copy to your designated Project Officer and the Deputy Director, A my Lutzky, at Amy.Lutzky@cms.hhs.gov.

# Section 1. General Description and Purpose of the State Child Health Plans and State Child Health Plan Requirements (Section 2101)

- 1.1 The state will use funds provided under Title XXI primarily for (Check appropriate box) (Section 2101)(a)(1)); (42 CFR 457.70):
  1.1.1 Obtaining coverage that meets the requirements for a separate child health program (Sections 2101(a)(1) and 2103); OR
  1.1.2. X Providing expanded benefits under the State's Medicaid plan (Title XIX) (Section 2101(a)(2)); OR
  - **1.1.3.** A combination of both of the above. (Section 2101(a)(2))

Beginning in 1998, Maryland expanded access to health insurance under the terms specified in the State Children's Health Insurance Program(SCHIP) under Title XXI of the Social Security Act, through creation of the Maryland Children's Health Program.

Maryland implemented a Medicaid expansion, called MCHP, effective July 1, 1998, and an SCHIP separate State program called MCHP Premium, effective July 1, 2001.

Maryland modified MCHP Premium effective July 1, 2003, and MCHP, effective September 1, 2003.

Maryland modified MCHP and MCHP Premium effective July 1, 2004.

Effective January 1, 2007. MCHP Premium transitioned all enrollees from its separate program to its Medicaid expansion program. The Medicaid expansion will include children with family income above 200 percent and at or below 300 percent of the Federal poverty level. Upon approval of this amendment, and after exhaustion of title XXI funds, the state will have the option of reverting to title XIX funds for children enrolled in the Medicaid expansion. The State will be permitted to use title XIX funds to cover CHIP enrollees only at times when title XXI appropriations are not available.

# **MCHP**

MCHP, the Medicaid expansion, implemented July 1, 1998:

- Extended Medicaid coverage (using enhanced match funds) to eligible children under age 19
  who were born after September 30, 1983 in families with income too high to qualify for
  SOBRA, but at or below 200 percent of FPL;
- Before October 1, 1983 in families with income above 40 percent FPL, but at or below 200 percent of FPL.

# MCHP Premium

MCHP Premium, the separate State program, implemented July 1, 2001:

- Expanded eligibility for the Maryland Children's Health Program to include children with family income above 200 percent but at or below 300 percent of the federal poverty level (FPL), using enhanced match funds;
- Created a family contribution requirement for families with income above 200 but at or below 300 of FPL range (two flat amounts will apply one applies to families with income above 200, but at or below 250 percent of FPL, and one applies to families with income above 250 but at or below 300 percent of FPL);
- Established an Employer Sponsored Insurance (ESI) program to provide comprehensive coverage through employer sponsored health benefit plans that meet all requirements for Title XXI enhanced match funding.
- Provided coverage to children who cannot be served by the ESI program through a standalone Medicaid look-alike program that enrolls eligible children in the current HealthChoice program; and,
- Increased eligibility (using regular match funds) for pregnant and postpartum women with income at or below 250 percent of FPL.

# MCHP and MCHP Premium Program Changes—July, 2003 through June, 2004

Beginning July 1, 2003, Maryland made the following adjustments to MCHP and MCHP Premium:

MCHP (the Medicaid Expansion)

• Eliminated MCHP coverage for children enrolled in the Medicaid expansion program whose family income is above 185 percent of the Federal Poverty Level (FPL) but at or below 200 percent FPL. Note: This change became effective September 1, 2003, and these children were offered coverage through MCHP Premium, the State's separate child health program.

MCHP Premium (the separate State program)

• Effective July 1, 2003, eliminated Employer-Sponsored Insurance (ESI) as an enrollment option for MCHP Premium-eligible children. Children enrolled in ESI plans prior to July 1, 2003 were transferred to HealthChoice, the Maryland Managed Care Program, at the end of their benefit coverage period before July 1, 2004.

- Effective July 1, 2003, froze enrollment in MCHP Premium for children in families with income above 200 percent FPL but not greater than 300 percent FPL. Children enrolled before that date, as well as children who applied before that date and were determined to be eligible on or after July 1, 2003, continued coverage as long as there was no break in eligibility.
- Reduced the lower income standard for MCHP Premium from 200 percent FPL to 185 percent FPL. Children currently receiving free health care coverage whose family income places them in the 185-200 percent income group have to pay a premium to continue coverage after September 1, 2003. The premium was set at 2 percent of FPL for a family of 2 at 185 percent FPL. The premium amount will be adjusted each April, as the FPL changes.

# MCHP and MCHP Premium Program Changes, effective July 1, 2004

Effective July 1, 2004, Maryland made the following changes to MCHP and MCHP Premium:

MCHP (the Medicaid Expansion Program)

• Reinstated free MCHP coverage for children whose family income is above 185 percent FPL but at or below 200 percent FPL.

MCHP Premium (the Separate State Program)

- Lifted the enrollment freeze for children in families with income greater than 200 percent FPL but not greater than 300 percent FPL.
- Raised the lower income standard for MCHP Premium from above 185 percent FPL to above 200 percent FPL.

## MCHP Premium Program Changes Effective January 1, 2007: Medicaid Expansion

Effective January 1, 2007, MCHP Premium became part of the Medicaid Expansion Program, extending coverage for children under the mechanism of the state Medicaid plan to children eligible under Title XXI whose family income is greater than 200 percent but no greater than 300 percent of the federal poverty level (FPL).

### MCHP and MCHP Premium

Effective in 2010, the Title XXI expansion program and the Title XIX Medicaid program adopted the CHIPRA 2009 "lawfully residing" option for women pregnant and 2 months postpartum (Medicaid only) and for children with age under 19 (CHIP and Medicaid) and children age 19 up to 21 (Medicaid only).

1.1-DS □	The State will provide dental-only supplemental coverage. Only States operating
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- a separate CHIP program are eligible for this option. States choosing this option must also complete sections 4.1-DS, 4.2-DS, 6.2-DS, 8.2-DS, and 9.10 of this SPA template. (Section 2110(b)(5))
- 1.2 X Check to provide an assurance that expenditures for child health assistance will not be claimed prior to the time that the State has legislative authority to operate the State plan or plan amendment as approved by CMS. (42 CFR 457.40(d))
- 1.3 X Check to provide an assurance that the State complies with all applicable civil rights requirements, including title VI of the Civil Rights Act of 1964, title II of the Americans with Disabilities Act of 1990, section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, 45 CFR part 80, part 84, and part 91, and 28 CFR part 35. (42CFR 457.130)

The State assures that it complies with all applicable civil rights requirements, including title VI of the Civil Rights Act of 1964, title II of the Americans with Disabilities Act of 1990, section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, 45 CFR part 80, part 84, and part 91, and 28 CFR part 35.

Provide the effective (date costs begin to be incurred) and implementation (date services begin to be provided) dates for this SPA (42 CFR 457.65). A SPA may only have one effective date, but provisions within the SPA may have different implementation dates that must be after the effective date.

# Original Plan

Effective Date:

Implementation Date:

## SPA #MD-17-0001-LEAD\_\_\_, Purpose of SPA:

Maryland will use the health services initiative (HSI) option under Section 2105(a)(2) of the Social Security Act and 42 CFR 457.10 to advance a two-pronged initiative to combat lead:

- 1) Program#1: Healthy Homes for Healthy Kids: Expansion of lead identification and abatement programs for low-income children through programs delivered by the Maryland Department of Housing and Community Development (DHCD); and
- 2) Program#2: Childhood Lead Poisoning Prevention & Environmental Case Management: Expansion of county level programs to provide environmental assessment and in-home education programs with the aim of reducing the impact of lead and other environmental toxins on vulnerable low-income children. The program will be conducted by environmental case managers and community health workers seated in Local Health Departments (LHDs) and conducted in counties with the greatest need.

Proposed effective date: July 1, 2017

Proposed implementation date: July 1, 2017

## Maryland's Modified Adjusted Gross Income (MAGI) SPA Roster

Transmittal Number	SPA	PDF	Description	Superseded Plan
	Group			Section(s)
MD-14-0010	XXI	CS3	MAGI-equivalent standards,	Supersedes the
Effective/Implementation	Medicaid		by age group; Eligibility for	current Medicaid
Date: January 1, 2014	Expansion		Medicaid Expansion Program	expansion section 4.0
MD-14-0011	Establish	CS14	Children Ineligible for	Incorporate within a
Effective/Implementation	2101(f)		Medicaid as a Result of the	separate subsection
Date: January 1, 2014 Group			Elimination of Income	under section 4.1
			Disregards	

**1.4-TC** Tribal Consultation (Section 2107(e)(1)(C)) Describe the consultation process that occurred specifically for the development and submission of this State Plan Amendment, when it occurred and who was involved.

TN No: Approval Date Effective Date \_\_\_\_\_

# Section 2. General Background and Description of Approach to Children's Health Insurance Coverage and Coordination

2.1. Describe the extent to which, and manner in which, children in the State (including targeted low-income children and other groups of children specified) identified, by income level and other relevant factors, such as race, ethnicity and geographic location, currently have creditable health coverage (as defined in 42 CFR 457.10). To the extent feasible, distinguish between creditable coverage under public health insurance programs and public-private partnerships (See Section 10 for annual report requirements). (Section 2102(a)(1)); (42 CFR 457.80(a))

# PUBLIC PROGRAMS PROVIDING HEALTH BENEFITS COVERAGE IN MARYLAND

Public programs in Maryland provide health coverage to children and adults across the State. The Maryland Medical Assistance program, which includes the Maryland Children's Health Program, provides creditable health coverage to eligible recipients and enrollees. Individuals who do not qualify for either Medicaid or the Maryland Children's Health Programmay be eligible for programs funded exclusively with State funds or for Federally-funded programs (e.g., Children's Medical Services, funded under Title V of the Social Security Act.) These programs provide services that complement the

Maryland Medical Assistance program or that target populations not eligible for Medical Assistance. An individual's eligibility for these public programs is generally determined by case managers at Local Departments of Social Services (LDSS) and Local Health Departments (LHDs).

# Maryland Medical Assistance, MCHP and MCHP Premium

The Maryland Medical Assistance Program provides comprehensive health coverage on a statewide basis to low-income children and adults. As a result of Maryland's MCHP expansion in July 1998, eligibility for this creditable health coverage extended to eligible children under age 19 with family income at or below 200 percent of the Federal Poverty Level (FPL). In general, these individuals have been enrolled in Maryland's Medicaid managed care program, HealthChoice.

Effective September 1, 2003 through June 30, 2004, MCHP was a Medicaid expansion program with eligibility for children in families with income at or below 185 percent FPL.

Effective July 1, 2004, the maximum qualifying income level for eligibility for MCHP returned to 200 percent FPL.

The MCHP Premium expansion, effective July 1, 2001, extended eligibility for creditable health coverage to children in families with income above 200 percent FPL but at or below 300 percent FPL. From July 1, 2001 through June 30, 2003, coverage was provided through enrollment in qualifying ESI plans or, if ESI was not available or didn't meet State qualifications, through HealthChoice, the Maryland Managed Care Program. Effective July 1, 2003, enrollment in ESI was discontinued. Effective September 1, 2003 through June 30, 2004, the base income level for MCHP Premium was reduced to 185 percent FPL.

Effective July 1, 2004, the base income level for MCHP Premium eligibility returned to 200 percent FPL.

Effective January 1, 2007. MCHP Premium transitioned all enrollees from its separate program to its Medicaid expansion program. The Medicaid expansion will include children with family income above 200 percent and at or below 300 percent of the Federal poverty level. Upon approval of this amendment, and after exhaustion of title XXI funds, the state will have the option of reverting to title XIX funds for children enrolled in the Medicaid expansion. The State will be permitted to use title XIX funds to cover CHIP enrollees only at times when title XXI appropriations are not available.

## NON-MEDICAID, PUBLIC PROGRAMS

In addition to Medical Assistance and the Maryland Children's Health Program, Maryland has in place a number of alternative programs that enable children to access health care services. These include Children's Medical Services (CMS) (the Title V program for children with special health care needs), Community Health Centers (CHCs), and several local juris diction initiatives. While all of these programs provide vital services to low income and uninsured or underinsured individuals, they all have significant restrictions in the benefits they provide (capped funding, limited benefit packages, etc.). None of the programs described below provide creditable coverage as defined by Title XXI.

## Children's Medical Services (CMS)

The Children's Medical Services (CMS) program is the Title V Program in Maryland that has traditionally assisted families in planning and obtaining specialty medical and rehabilitative care. The program has provided for both direct and wrap-around specialty care services to eligible children with special health care needs. Program activities have concentrated on the purchase of direct care services through community providers, local health departments and academic institutions through both fee-for-service reimbursement and grants.

Prior to Maryland's MCHP expansion in July 1998, the CMS program provided specialty care services to approximately 6,500 children. Most of these children have since become eligible for the Maryland Children's Health Program and enrolled in the HealthChoice Program. As a result, the CMS program's focus is shifting from that of providing direct and wrap around services to that of systems building activities. During the transition, the program will continue to pay for direct and wrap around services for underinsured children who meet the program's eligibility criteria. At this time, CMS provides services to children who are uninsured (children 19 to 22 who have aged out of MCHP), underinsured, and undocumented, and meet the following eligibility requirements:

- Are age 22 or younger;
- Have or are at risk for disabilities, chronic illnesses, or health-related educational problems; and
- Are in families with adjusted income below 200 percent of the FPL.

## WIC

Prior to the MCHP expansion, WIC participants were required to have a household income not exceeding 185 percent of the FPL. Concurrent with Maryland's MCHP expansion, the WIC program increased its income eligibility threshold to 200 percent of FPL. Besides establishing financial eligibility, WIC recipients must have an identifiable nutritional risk factor and be:

- Pregnant;
- Less than 6 months postpartum;

- Breast-feeding an infant up to one year old; or
- Less than five years of age.

In establishing eligibility only an individual's income is examined. Participants are eligible for food packages, nutritional counseling, and linkage to other health and social services. Food packages vary slightly depending on nutritional needs, but may include milk, cheese, juice, eggs, cereal, beans, peanut butter, infant formula, infant cereal, carrots and tuna fish.

## Family Planning Program (Title X)

The target population for this program includes women of reproductive age (including adolescents) at risk for unintended pregnancy and poor pregnancy outcomes, although all women and men are eligible for services. Client fees are assessed according to a sliding fee scale based on ability to pay. Funding for this program is a combination of State and Title X Federal Family Planning Program funds. Enrollment is handled through local health departments, community health centers or Planned Parenthood Centers. Clients receive a broad range of preventive health services including contraceptive care, preconception care, education and counseling for all contraceptive choices and women's health issues, sexually transmitted disease diagnosis and treatment, HIV/A IDS prevention services, breast and cervical cancer screening, cardiovascular screening and referrals for additional health and social services.

# Maryland Family Planning Program (Title XIX)

Maryland also operates a limited-coverage program that provides family planning and related preventive reproductive services to women who were eligible for comprehensive Medicaid coverage during pregnancy and the two month postpartum period, but lost their SOBRA eligibility at the end of their postpartum period. The Maryland Family Planning Program was originally established under a §1115 waiver. Maryland has been granted authority to expand its current §1115 Medicaid managed care program, Health Choice, to include providing family planning and related preventive reproductive services to this population for five years postpartum.

## LOCAL JURISDICTION INITIATIVES

Prior to Maryland's MCHP expansion, a number of local jurisdictions had developed initiatives that attempted, with extremely limited resources, to provide some coverage to low income children. A measure of success of MCHP is that many of the children served by these programs have become eligible for MCHP and gained comprehensive coverage through that program. As a result, a number of these gap filling programs have disbanded. Several local programs with different missions and target populations remain active and are described below:

Carroll County Children's Fund Health and Wellness Care Program

The Carroll County Children's Fund Health and Wellness Care Program is designed to provide primary and preventive health care for children ages birth to age 18 who do not qualify for Medicaid, or any publicly funded program. It is targeted at families who are not able to afford health insurance either on their own or through their employer. Eligibility is determined at the local level through the Carroll County Health Department. The Care program includes access to primary and preventive care, limited pharmacy as sistance, basic diagnostic x-ray and laboratory services. The services provided to children are delivered through a partnership with Carroll County General Hospital, New American Health, LLC, and providers who participate in the Carroll County Contract Management Organization.

## Montgomery County Care for Kids Program

The Care for Kids Programs erves undocumented children in Montgomery County.

# Prince George's County Medical Care for Children Partnership

The Medical Care for Children Partnership (a Catholic Charities Program) serves children between 200 and 250 percent of poverty. It serves children frombirth to age 18 and undocumented children.

# Healthy Teens and Young Adults Initiative

The Maryland Healthy Teens and Young Adults (HTYA) Initiative was developed as a Governor's Special Initiative in 1990. Designed to reach and serve young people at risk for unintended pregnancy, the program operates in three Maryland metropolitan jurisdictions, Baltimore City, Prince George's County, and Anne Arundel County. There are also plans to expand services within the three jurisdictions in which HTYA currently operates, as well as to expand the initiative into other jurisdictions. The target population includes males and females ages 10-24. Service sites offer a holistic approach to health care and community-based prevention services. In addition to receiving counseling about a broad range of family planning methods, attention is also given to addressing clients' general health and psychosocial well-being. Special services for men have been developed ranging from mentoring to direct clinical services.

## **Community Health Centers**

Maryland has a number of Community Health Center's ites, including Federally Qualified Health Centers (FQHC), which are comprehensive primary care providers offering care to low-income, uninsured individuals on a sliding fee's cale; Maryland Qualified Health Centers (MQHC), which are non-profit health centers providing the same scope of services as an FQHC and offer discounted fees to low-income uninsured; Health Centers; and Private Practice Centers (PRIV) which offer discounted fees to low-income uninsured.

**2.2. Health Services Initiatives** - Describe if the State will use the health services initiative option as allowed at **42 CFR 457.10**. If so, describe what services or programs the State is proposing to cover with administrative funds, including the cost of each program, and how it is currently funded (if applicable), also update the budget accordingly. (Section 2105(a)(1)(D)(ii)); (42 CFR 457.10).

## Maryland Pois on Control Center (MPCC)

The MPCC, a unit of the University of Maryland School of Pharmacy, responds to approximately 35,000 human exposure calls each year. These are calls to the MPCC where an individual has been exposed to potentially toxic substance and the caller is seeking medical advice/treatment from the MPCC. Each year, the majority of those calls involve exposures that occur in children. Below are the numbers of pediatric human exposure cases reported to the MPCC over the past two full calendar years broken down by quarter.

N/	0	Total	Total	0/ D 1: - :
Year	Quarter	Pediatric	Human	% Pediatric
2010	1	5,282	8,554	61.75
2010	2	5,572	9,218	60.45
2010	3	5,465	9,363	58.37
2010	4	5,323	8,761	60.76
2011	1	5,113	8,662	59.03
2011	2	5,310	8,962	59.25
2011	3	5,257	9,284	56.62
2011	4	5.145	8.836	58.23

NOTE: For this summary, pediatric calls are defined as those that occur in children age <19 years.

The percentage of pediatric cases reported to the MPCC changes a bit over time (range of 56.62% - 61.75%). In the schedule of projected costs and allocation method submitted with the amendment to the Cost Allocation Plan, the allocation of MPCC costs to the under-19 years (child) population uses an overall percentage of 59.31%, which is the simple average of the above 8 quarters of data. The percentage of quarterly allocations to CHIP, going forward, would be made based on the most recent call data, gathered for the quarter being claimed.

**Cost.** A revision of the Maryland CHIP Cost Allocation Plan has been submitted separately. In brief, the projected costs of this program are approximately \$4.1 million, of which roughly 59.31% or \$2.4 million are attributable to pediatric services to individuals under 19 years old. At Maryland's CHIP rate of 65%, this would result in a federal expenditure of approximately \$1.5 million. MPCC, a previously state-funded program, will continue to track total calls and calls respecting children in order to supply accurate statistics for cost allocation.

Conformity with 42 CFR 457.1005. The services of the MPCC conformto the requirements of CHIP regulations. Specifically, they are not prohibited by any provision of Subpart D. As a unit of the University of Maryland School of Pharmacy, the activities of the MPCC are subject to stringent controls for quality. MPCC services are offered at no cost to individuals who call to

request them, so the provisions of Subpart Elimiting enrollee financial responsibility are satisfied.

**Section 2.2 Health Services Initiatives** – Describe if the State will use the health services initiative option as allowed at 42 CFR 457.10. If so, describe what services or programs the State is proposing to cover with administrative funds, including the cost of each program, and how it is currently funded (if applicable), also update the budget accordingly (Section 2105(a)(1)(D)(ii); (42 CFR 457.10).

## **Background**

The Centers for Disease Control considers a child to have an elevated blood lead level (BLL) if the lead in that child's blood is  $\geq 5 \mu g/dL$ . Lead exposure, in the form of paint chips or leadcontaminated dust from deteriorated lead-painted surfaces, continues to be an environmental hazard for many children in Maryland. Out of an estimated 2,399,375 occupied residential units in Maryland, 437,441 (18.2%) were built before 1950 and 923,917 (38.5%) between 1950 and 1979. While a significant number of pre-1950 and 1950 to 1979 residential rental units have been made lead free, untreated pre-1950 and 1950 to 1979 units are highly likely to have lead-based paint. As a result, Maryland's children, especially low-income children who live in older housing, are particularly vulnerable to lead exposure. Exposure to lead can result in major physical and neurological damage to children, leading to serious consequences for their educational attainment and health including: stunted brain development, reduced intelligence quotient (IO), hearing and speech problems, learning disabilities, anemia, hypertension, renal impairment and immunotoxicity, among a range of other conditions. In addition, children who are lead poisoned are seven times more likely to drop out of school and sixtimes more likely to become involved in the juvenile justice system. In 2015 there were an estimated 535,094 children under 6 years of age in the State of Maryland. Of these, 110,217 were tested for blood lead, and 2% of all children tested had a BLL  $\geq 5\mu g/dL$ . Baltimore has the highest concentration of these children.<sup>3</sup>

#### **HSI** Assurances

1. Maryland provides assurances that the HSI program will only target children under the age of 19.

<sup>1</sup> https://www.cdc.gov/nceh/lead/acclpp/blood\_lead\_levels.htm

<sup>2</sup> http://mde.maryland.gov/programs/Land/Documents/LeadReports/LeadReportsAnnualChildhoodLeadRegistry/LeadReportCLR2015.pdf

- 2. Maryland provides further assurances that funds under this HSI will not supplant or match CHIP Federal funds with other Federal funds, nor allow other Federal funds to supplant or match CHIP Federal funds.
- 3. Maryland provides further assurances that the State will report on agreed upon metrics at regular intervals to CMS on the progress of the HSI.

## **Initiative Overview**

Maryland will use the health services initiative (HSI) option under Section 2105(a)(2) of the Social Security Act and 42 CFR 457.10 to advance a two-pronged initiative to combat lead:

- 1) Program#1: Healthy Homes for Healthy Kids: Expansion of lead identification and abatement programs for low-income children through programs delivered by the Maryland Department of Housing and Community Development (DHCD); and
- 2) Program#2: Childhood Lead Poisoning Prevention & Environmental Case Management: Expansion of county level programs to provide environmental assessment and in-home education programs with the aim of reducing the impact of lead and other environmental toxins on vulnerable low-income children. The program will be conducted by environmental case managers and community health workers seated in Local Health Departments (LHDs) and conducted in counties with the greatest need.

The proposed HSI Program#1 and HSI Program#2 are two distinct programs. Program#1 will serve eligible residents in the entire state of Maryland. Program#2 will serve nine specific counties in Maryland.

Under both proposed programs, eligibility is limited to low-income children, who are (1) enrolled in Medicaid or CHIP or(2) Medicaid or CHIP eligible but not yet enrolled.

## **Program #1: Healthy Homes for Healthy Kids**

Through an Interagency Agreement between the Maryland Department of Health (MDH) and DHCD, DHCD will administer a lead identification and abatement program—the "Healthy Homes for Healthy Kids" Program—building on DHCD's experience and expertise in this area. DHCD currently abates lead in an average of 110 homes in Maryland annually. Under the Healthy Homes for Healthy Kids Program(Program#1), DHCD will expand its existing lead identification and abatement activities to focus on identifying lead-contaminated residential properties across Maryland where low-income children under the age of 19 reside or visit for at least 10 hours per week. The proposed HSI programs will create an opportunity to abate 70-200 additional homes in Maryland. Pregnant women are not eligible for the services proposed under the HSI.

Under Program#1, eligible properties will include residential properties that are owner-occupied, occupied by a family member of the owner, or occupied by a tenant, as well as

residential properties in the process of becoming licensed for, or currently maintaining a license for the provision of childcare services. HSI funds will not be used for commercial, non-residential properties.

To qualify for services through Program#1, children must meet two primary requirements. First, they must be (1) enrolled in Medicaid or CHIP or (2) Medicaid or CHIP-eligible but not yet enrolled. Second, eligibility for Program#1 is limited to children with a BLL of  $\geq 5\mu g/dL$ .

When lead is detected in the residential property occupied by the eligible child, DHCD will provide lead abatement services to eligible properties reducing the overall risk of lead poisoning among low-income children in Maryland. If the lead abatement work requires for the families to vacate the premises following HUD guidelines, DHCD will provide relocation support for families.

If approved, Program#1 will have a proposed effective date of July 1, 2016, and will not be time limited.

### Income Assessment

To the extent a child is not currently enrolled in Medicaid or CHIP, their income must be as sessed. To qualify for Medicaid or CHIP, a child's household income must be at or below the adjusted income threshold of 322% of the federal poverty level (FPL).

DHCD currently utilizes the Area Median Income (AMI), set by the Department of Housing and Urban Development (HUD), to assess eligibility for its programs. The AMI is established by the United States Department of Housing and Urban Development (HUD), and is updated on an annual basis. HUD computes AMIs based on available data for each metropolitan area, parts of some metropolitan areas, and each non-metropolitan county. DHCD's Research Department reviews and publishes the AMIs on a statewide basis, with adjustments for household sizes from 1 through 8 family members, organized by percent of the Median Income (i.e. 30%, 50%, 60% 80%, etc.). AMIs vary from location to location; for example, AMIs in Montgomery County, Maryland are higher than Somerset County, Maryland. Individual household income will be reviewed and verified by DHCD as part of the application process for DHCD financing to ensure compliance with the Income limits established for various financing programs.

Due to resource restrictions, DHCD is unable to perform a modified adjusted gross income (MAGI) income assessment of potential program recipients. For purposes of Program #1, the State intends to use a percentage of the AMI adjusted to the CHIP income threshold of 322% FPL as the ceiling for income eligibility. DHCD will collect household size information to ensure the family is within the income limits to determine if the child is eligible to participate—e.g., does the family's income fall below the AMI ceiling for that area.

Specifically, under the 2016 HUD income limits, 4 the median income for the rest of state for a

<sup>4</sup> See Appendix A, AMI Chart with 2016 Income Limits As of June 2016.

family of four is \$90,500 and Washington, D.C. Primary Metropolitan Statistical Area (PMSA) median income limit is \$109,500. In general, the AMI is higher than the income cutoffs for CHIP or Medicaid services. Therefore, DHCD will verify a child's eligibility for Program 1 utilizing the percentage of AMI equivalent to 322% FPL specified in Table 1.

Table 1: Income Limits for Program #1

Size of family unit	322% of FPL*	AMI DC PMSA**	Percentage of AMI DC PMSA equivalent to 322% FPL	AMI Rest of State**	Percentage of AMI Rest of State equivalent to 322% FPL
1	\$38,833.00	\$76,500	50.76%	\$63,333	61.32%
2	\$52,293.00	\$87,333	59.88%	\$72,333	72.29%
3	\$65,752.00	\$98,250	66.92%	\$81,500	80.68%
4	\$79,212.00	\$109,167	72.56%	\$90,500	87.53%
5	\$92,672.00	\$118,000	78.54%	\$97,667	94.89%
6	6 \$106,131.00 7 \$119,590.00		83.79%	\$105,000	101.08%
7			88.26%	\$112,167	106.62%
8 \$133,050.00		\$144,167	92.29%	\$119,500	111.34%

<sup>\*</sup>FPL rates are based on 2017 levels.

For example, consider a scenario where a family in Baltimore City applies for Program#1. Using 2017 FPL guidelines, a child in a family of 4 would qualify for CHIP in Maryland if the household income did not exceed \$79,212. Using DHCD's AMI chart above, the child of a family of 4 would qualify for Program#1 if the household income did not exceed 72.56% of AMI for DC PMSA, which is approximately 322% FPL.

## Program#1: Enrollment Strategies

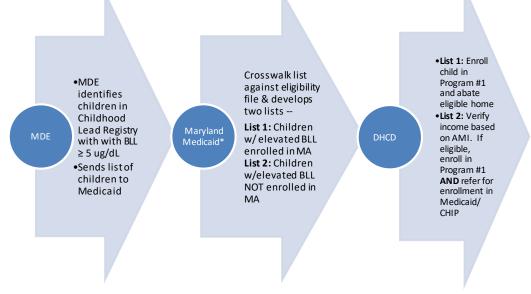
Maryland will use two strategies for enrolling children in Program#1. These two strategies are outlined below.

# Program#1: Enrollment Strategy 1—Childhood Lead Registry

Maryland will leverage the Maryland Department of the Environment's (MDE) Childhood Lead Registry (CLR) to enroll children in Program#1. The Statewide CLR provides state-level surveillance on BLLs in children. Children with a BLL of ≥5 µg/dL will be referred to Program#1.

<sup>\*\*</sup>AMI DC PMSA and AMI Rest of State is based on 2016 levels. The AMI percent will be adjusted annually to reflect the equivalent of 322% FPL.

Figure 1: Program #1's Overview of Enrollment using MDE's CLR Data



\*Maryland Medicaid will utilize University of Maryland Baltimore County's Hilltop Institute to receive the CLR data

MDE's Childhood Lead Registry (CLR) receives reports of all blood lead tests performed on Maryland children aged zero to six years. By law, a report is sent to MDE's CLR after a child receives a result from either an in-office (capillary) test or goes to a commercial laboratory for blood lead testing. If an elevated BLL $^5$  exists, MDE contacts the corresponding Local Health Department (LHD) to inform the LHD that a child in their juris diction has an elevated BLL, the level of that BLL, as well as information for contacting the child's family.

There are currently 2,166 children with elevated BLLs in the CLR. These children are categorized by:

1) whether the child is a new case versus an on-going case of lead poisoning and;

<sup>5</sup> Code Of Maryland Regulations (COMAR) 10.11.04.02 (8) "Elevated blood lead level" means: (a) A blood lead level of 10 micrograms per deciliter or greater; or (b) A blood lead level of 5 micrograms per deciliter or greater for a blood test performed after March 28, 2016.

## 2) the child's BLL.

As Maryland transitions to testing of all children in the State at ages 1 and 2 years (as opposed to the previous system which mandated testing only for Medicaid-enrolled children and children living in targeted "high-risk" areas of the State), MDE is providing more LHDs with information about children with BLLs of 5 -  $9\mu g/dL$ , based on the 2012 CDC guidance, although the statutory definition of elevated blood lead at which MDE has authority to require landlord compliance is still  $10 \ g/dL$ . The aim of expanding mandatory testing for lead to encompass the whole State was to identify as many of the children affected by lead poisoning as possible. The State anticipates that the number of children and families who will be eligible to participate in Program#1 will increase in the short-term. However, based on historical trends in the areas where mandatory testing has been in place for two decades, we expect to see a reduction in the number of children with lead poisoning long-term as the housing stock is identified and abated.

Under Program#1, Maryland Medicaid will utilize CLR data from MDE. Then, Maryland Medicaid, with assistance from University of Maryland Baltimore County's Hilltop Institute, will cross match the names and other identifying information of children with a BLL  $>\!5\mu g/dL$  on the CLR with the Maryland Medicaid enrollment database. Medicaid will provide DHCD with two lists based on the CLR data—one identifying eligible children currently enrolled in Medicaid or CHIP with a BLL  $>\!5\mu g/dL$  and a second identifying a list of children with a BLL  $>\!5\mu g/dL$  who are not currently enrolled in Medicaid or CHIP.

Children who are identified as already enrolled in Medicaid or CHIP will not be subject to further income verification in order to qualify for Program#1. Based on the list provided by Medicaid, DHCD will contact the eligible children's families and seek to enroll them in Program #1 to determine whether abatement is appropriate in the child's home.

If a child with a BLL of  $>5\mu g/dL$  is not currently enrolled in Medicaid/CHIP, they will be referred to Program# 1 and their income eligibility will be assessed against the adjusted AMI standard. If they meet the income eligibility requirements, they will be enrolled in Program#1 and referred for assistance in applying for Medicaid/CHIP.

## Program#1: Enrollment Strategy 2—Direct Referrals

As a second strategy for enrollment, MDH will inform stakeholders about Program#1's services and participation criteria as well as details on how to refer the child to the Program. Program#1 will accept referrals from a wide variety of sources including:

- Primary care providers, specialists, other health professionals involved in the child's care;
- State and county social services agencies;
- Local housing agencies;

6 Maryland Code Annotated, Environment Article § 6-819(c)(1): "After February 23, 1996, an owner of an affected property shall satisfy the modified risk reduction standard: (i) Within 30 days after receipt of written notice that a person at risk who resides in the property has an elevated blood lead level documented by a test for EBL greater than or equal to 15 g/dl before February 24, 2006 or greater than or equal to 10 g/dl on or after February 24, 2006..."

- Public health agencies (based on either direct inquiries from the public, or from health care providers following up on lead tests of 5µg/dL or greater);
- MDE, based on public inquiries, regulatory referrals from their enforcement unit, or notices of defect <sup>7</sup> from renters; and
- Requests from homeowners or rental property owners.

Figure 2: Program 1's Enrollment Strategy Based on Referrals

LHD: DHCD or DHMH-EHB will refer child to LHD if child is eligible for Program #1 but not enrolled in Medicaid. LHD DHMH-EHB: Will pass staff will enroll child into referral to DHCD Referrals from Medicaid. DHCD: Child's Medicaid agencies/other sources: eligibility will be checked in Source refers child with ≥ Eligibility Verification System 5μg/dL BLL. to Program #1 (EVS). and shares contact **DHCD**: Once child is Medicaid, eligiblity will be EHB or DHCD, if available. enrolled in Program #1. AMI standard. DHCD will assess and appropriate.

MDH-EHB and DHCD will provide flyers and information for the listed sources to distribute to potential families. Both entities have budgeted for printing the necessary materials. DHCD will then accept the referrals and independently assess if the families are eligible for Program#1.

Medicaid is also working to grant specific DHCD staff access to Medicaid's Eligibility Verification System (EVS) to verify a child's enrollment in Medicaid. If the child is already enrolled in Medicaid/CHIP, DHCD will enroll themin Program#1 and commence the abatement work. If the family is found eligible for Program#1 based on income, but not enrolled in Medicaid/CHIP, DHCD or MDH-EHB will enroll the child in Program#1 and refer the family to a LHD for assistance in applying for Medicaid. For any such referral, DHCD or MDH-EHB will share the finder file and Medicaid will subsequently verify whether the referred family was

<sup>7</sup> A notice of defect is a legal notification instrument in Maryland law that renters in pre-1978 rental properties can submit to landlords and MDE which indicates there are defects in the rental property that could potentially pose a lead exposure risk to children.

enrolled into Medicaid/CHIP.

Under Program#1, DHCD will prioritize the work to ensure the most vulnerable children are addressed first. DHCD will use the methodology presented in Table 1 to prioritize eligible properties for lead abatement under Program#1.

Table 2: Prioritization matrix to be utilized by DHCD

Priority measure	Category	Points	Category	Points
Level of elevated BLL of a child living in the property.*	5-9μg/dL	1 point per child	10μg/dLand above	2 points per child
Number of children living in the property who have an elevated BLL, or who have a history of elevated BLL, and who are under the age of 6.	history of blood lead	1 point per child	currently have elevated bloodlead	2 points per child
Mother of child who currently has an elevated BLL, or a history of elevated BLL, is pregnant, and resides in the property with the child.	history of blood lead	1 point per child	currently have elevated bloodlead	2 points per child

<sup>\*</sup> If more than one child lives in the property and has elevated blood lead, award additional points accordingly.

This matrix will allow the State to ensure that the most vulnerable children are given the highest priority for lead abatement services. As an example, if two families were accepted into Program #1, DHCD would use this matrix to determine which family to serve first. Family #1 has three children, two of whomare under the age of 6, one of whom currently has an elevated blood lead of  $10\mu g/dL$ , the second of whomhas a history of elevated blood lead. Family #2 has three children, but only one child under the age of 6 with an elevated blood lead of  $5\mu g/dL$ . The score for Family #1 is five points, whereas the score for Family #2 is three points; therefore, Family #1 would receive a higher priority for abatement services. Program#1: Services

Once a referral is received by Program#1 through one of the two enrollment strategies and the child is deemed eligible, DHCD will arrange for an environmental assessment of the child's residence (or other eligible property) to confirm lead contamination and determine the specific abatement work that is needed.

Under SPA 09-05 and as stated in the Maryland Code, Medicaid reimburses for environmental

as sessments that are performed by providers that are Lead Paint Ris k Assessors accredited by MDE who also have enforcement authority. The only accredited Lead Paint Ris k Assessors who have enforcement authority are those employed by health departments or MDE; other (private sector) accredited Ris k Assessors do not have authority to enforce Maryland law, only authority to conduct assessments and issue lead-free certificates. Assessments are reimbursable as long as they are performed by the aforementioned provider and the child has a BLL of  $\geq 5 \mu g/dL$ . Maryland will continue to reimburse for these assessments using existing Medicaid funds (procedure code T1029). With the exception of Baltimore City Health Department and Prince George's County Health Department, the remaining 22 local health departments do not have accredited Lead Paint Ris k Assessors on their staff, and therefore have not been eligible for reimbursement for environmental assessments. It requires at least a year to train and accredit a new Lead Ris k Assessor, so even if LHDs committed to developing this capacity, there would be a lag time before the capacity could be in place.

Funds from the HSI will be used to pay for environmental assessments that are conducted by Lead Paint Risk Assessors who do not have enforcement authority under Maryland law, such as those conducted by DHCD or private contractual environmental assessments.

DHCD will contract with licensed sub-contractors who are accredited 10 to conduct the necessary lead abatement activities. The State will provide coordinated and targeted lead abatement services to eligible properties to mitigate all lead risks and ensure the long-term effectiveness of abatement activities. A batement services are defined as the removal of lead hazards, including:

- The permanent removal, or enclosure, or encapsulation of lead based paint and lead dust hazards from an eligible residence;
- The removal and replacement of surfaces or fixtures within the eligible residence;
- The removal or covering of soil lead hazards up to the eligible residence property line; and
- All preparation, lab sampling analysis, clean up, disposal, and pre and post-abatement paint, dust, soil and clearance testing activities associated with such measures.
- Clearance testing will meet the stands of HUD's Lead-Based Paint Hazard control and/or Health Homes Grants.

Once work has started on an eligible property, DHCD will ensure all eligible surfaces and fixtures are abated. Eligible surfaces for abatement services include all structural components identified as hazards during the environmental investigation or the lead inspection/risk

<sup>8</sup> All persons performing lead paint inspections activities are trained and accredited by the MDE <a href="http://mde.maryland.gov/programs/Land/LeadPoisoningPrevention/Pages/inspectorscontractors.aspx">http://mde.maryland.gov/programs/Land/LeadPoisoningPrevention/Pages/inspectorscontractors.aspx</a>
9 Contractors in the State of Maryland must maintain a license with the Maryland Home Improvement Commission: <a href="https://www.dllr.state.md.us/license/mhic/">https://www.dllr.state.md.us/license/mhic/</a>

<sup>10</sup> Any contractor performing lead abatement in Maryland must be trained and accredited by MDE: http://mde.maryland.gov/programs/Land/LeadPoisoningPrevention/Pages/inspectorscontractors.aspx

as sessment including but not limited to: all window components, door and door frames, stairs, interior walls and ceilings, painted cabinets, interior railings, painted floors, exterior porches, exterior painted siding, exterior windows and trim, exterior trim boards, exterior painted siding, trim and doors on garages and other structures, and soil. A home shall not be deemed to have been abated until it passes a lead dust clearance test (see specifications below). A range of costs as sociated with lead abatement activities based on DHCD's experience in the field including, current materials, labor and other costs is provided below (see Table 3).

Table 3: Projected cost of lead abatement and encapsulation

A verage Cost per home	Range of Costs			
Estimated Cost:	Low High			
Lead Abatement/Encapsulation*	\$15,000	S25,000		

<sup>\*</sup>Lead A batement/Encapsulation cost includes costs associated with surveys and as sessments. All costs are inclusive of contractor profit and overhead. DHCD's administrative overhead (15%) not included in cost estimate.

Maryland's HSI Program#1 will not involve the replacement of water service lines to homes. The State will not utilize the HSI SPA to assess lead hazards in drinking water in most cases. In Maryland, when investigating the source of lead, the assessment typically finds that lead paint is the source of the exposure. The assessor will typically ask about other potential sources, such as: time spent in other countries; pottery; cosmetics; foods, spices, and candies; soil; and drinking water. Generally, testing of other potential sources is rare unless there is a strong indication that they may be contributing to lead exposure.

If it is determined that the source of lead exposure in the homes is from the water, and not from lead in the paint or soils, DHCD will look to funding sources other than this HSI to abate this problem. The State will not utilize the HSI SPA to replace service lines. However, it should be noted that the vast majority of pediatric blood lead poisoning cases in Maryland continue to be related to exposure to lead in paint. In the event that the source of lead exposure is related to water, the State will utilize HSI SPA funds to install water filters in the home.

In cases where a contractor determines that abatement is likely to fail without additional repairs <sup>11</sup> and certifies that the repairs are essential to maintain encapsulation integrity, these repairs will also be covered. HSI funds will only cover repairs essential to prevent encapsulation failure due to moisture and will include repairs to: vapor barriers, roofs, ventilation systems, electrical systems, plumbing and foundations. All services necessary for encapsulation integrity will follow the minimum standards as established by HUD for lead-based paint hazard control and/or health homes grants.

<sup>11</sup> See HUD Guidelines for the Evaluation and Control of Lead-Based Paint Hazards in Housing (2012 Edition), Chapter 13, Section N.C.3 Durability, p. 13-12.

Cost estimates for additional repairs that may be deemed essential to prevent encapsulation failure are included in Table 4. In DHCD's experience only a subset of these additional repairs is typically required for a given property.

Table 4: Projected costs of additional repairs to prevent encapsulation failure

Essential Repairs	Range of Costs*			
	Low	High		
Roof Repair/Replacement	\$7,000	\$13,000		
Foundation Repair	\$5,000	\$10,000		
Exterior Siding / Vapor Barrier	\$7,000	\$11,000		
Electrical System Repair/Upgrade	\$2,500	\$5,000		
Window Repair	\$1,000	\$2,000		
Indoor Plumbing Repair	\$3,500	\$6,000		
Ventilation Repair	\$5,000	\$5,000		
Heating System Repair	\$1,500	\$3,500		

<sup>\*</sup>Lead A batement/Encapsulation cost includes costs associated with surveys and assessments. All costs are inclusive of contractor profit and overhead. DHCD's administrative overhead (15%) not included in cost estimate.

For the purposes of this request, abatement does not include any of the following:

- Work that does not reduce a lead hazard, or prevent the reoccurrence of leadhazards in the home;
- Work not performed by an accredited lead abatement professional;
- Lead abatement as it pertains to sources of potable water in the home; or
- Work on properties that do not have a program eligible child, under the age of 19, residing or frequently visiting the structure.

The number of eligible properties that could potentially be served by Program#1 will depend on the per-unit costs. These costs are expected to vary on average between \$18,000 and \$60,000 per eligible property. These are estimates of the complete costs, which include the lead abatement activities identified in Program#1, as well as DHCD administrative costs; there will be no absolute cap placed on per unit costs.

As mentioned under the assurances, the State will increase, not supplant, the number of homes being abated under DCHD's existing work. DHCD currently abates approximately 110 homes annually. Program#1 is projected to serve between 70 - 200 *additional* eligible properties annually. Given these considerations, using existing funds and HSI funds, DHCD will abate an estimated total of 180 – 310 homes annually.

To date, a waiting list has not been necessary to address all eligible families that present to DHCD for service since DHCD staff balance availability of funds with eligible applicants for the various programs it runs. However, for Program#1, the initial properties will likely be drawn from a list of properties that was deferred by DHCD's Energy teamdue to the presence of lead and other hazardous materials. Currently, 1008 homes built before 1978 are on the deferred list. The deferred homes are listed over a six-year span. Program#1 will allow DHCD to begin revisiting the deferred properties so long as they meet the other eligibility criteria of Program#1.

DHCD will ensure that abatement work is successful utilizing the following three pronged strategy:

- Only licensed and appropriately accredited professionals will be allowed to perform the work:
- 2) Abated homes will have to pass a visual lead dust clearance test, and obtain a limited-lead free certification in order to be considered abated; and
- 3) Quarterly reporting on quality metrics. Specifically, when conducting the Scope of Work for Program#1, the following detailed requirements will be utilized for ensuring the work is professional and complete.

## 1) Licensed / accredited Professionals

Only licensed contractors and accredited professionals will perform the work. Individuals performing abatement services must be properly accredited by MDE. <sup>12</sup> Only a person accredited by MDE as a lead abatement supervisor or lead abatement worker may perform lead abatement activities in accordance with state law.

A <u>lead abatement supervisor</u> is defined as an individual who has been trained by an accredited training program and accredited by MDE to supervise and conduct lead abatement services and to prepare occupant protection plans and abatement reports. A lead abatement supervisor is required for each lead abatement job, and must be present at the job site while all abatement work is being done. This requirement includes setup and cleanup time. The lead abatement supervisor must ensure that all abatement work is done within the limits of federal, state, and local laws.

A <u>lead abatement worker</u> is an individual who has been trained to perform abatement by an accredited training program and who is accredited by MDE to perform lead abatement. <sup>13</sup> Professionals accredited by MDE are is sued a card containing the person's picture, name, certification number, and expiration date. All accredited professionals must work for a MDE accredited lead abatement company. The abatement company and its employees must use abatement methods approved by HUD and/or the U.S. Environmental Protection Agency (EPA)

<sup>12</sup> Maryland's training and Accreditation requirements, Maryland Department of the Environment (2017). http://www.mde.state.md.us/programs/Land/LeadPoisoningPrevention/InspectorsandContractors/Pages/Programs/LandPrograms/LeadCoordination/inspectorscontractors/inspectors\_abatementservices.aspx 13 lbid.

and in accordance with state laws and regulations.

DHCD has assured that there is a sufficient workforce available in Maryland that is licensed according to the aforementioned specifications in order to perform this work.

#### 2) Post-Abatement Lead Dust Clearance

The State recognizes that abatement activities would only be eligible for federal assistance when performance of these activities can be demonstrated to be effective in abating all identified lead hazards (excluding water). State and federal law dictate that a clearance test must be performed after any lead abatement work is finished to verify the work area is safe enough for the eligible resident(s) to return. On the inside of a house or apartment, the dust is tested to confirm that abatement work has not created lead dust hazards that can poison young children, other occupants, or pets living in the building as defined in state law.

Only an accredited Lead Paint Inspector Technician, Lead Paint Visual Inspector or Lead Paint Risk Assessor, <sup>14</sup> who is independent of the abatement company, may perform clearance testing after abatement work is completed. An accredited inspector is defined as an individual who has been trained by an accredited training program and accredited by MDE to conduct inspections and take samples for the presence of lead in paint, dust and soil for the purpose of abatement clearance testing. DHCD has assured that there is a sufficient workforce available in Maryland that is accredited according to the aforementioned specifications in order to perform this work.

During clearance testing, an interior visual inspection is done to see if the identified lead hazards have been abated. These professionals also inspect for the presence of any visible dust or paint chips. If any problems are found, the abatement supervisor must resolve all of them before the clearance testing may continue. After the visual inspection passes, the Lead Paint Visual Inspector or Lead Paint Risk Assessor must take dust wipe samples that are sent to a laboratory for analysis. Clearance dust samples must be taken from the floors, windowsills, and window troughs in the rooms where work was done. At least one sample must be taken from outside the work area if containment was used and from each unique passage way. If no containment was used, then dust wipe samples may be taken in any room. A floor and a window in at least four rooms must be sampled. The samples must be tested for lead by an EPA approved laboratory. After exterior paint abatement work is completed, a Lead Paint Visual Inspector or Lead Paint Risk Assessor must perform a visual inspection of the outdoor work area ensure that the lead hazards were properly addressed. The Lead Paint Visual Inspector or Lead Paint Risk Assessor will then look for any paint chips on the ground including the foundation of the house, garage, or below any exterior surface abated. If paint chips are present, the abatement company must remove the chips and debris from the site and properly dispose of them before the clearance can be finished. In Maryland, no dust wipe clearance testing is required for abatement on the exterior of a house or rental property. The results of the clearance testing will be maintained by the State. These testing results will have numbers with units of measurement; the units are different for dust and soil.

14 Ibid.

The EPA and HUD regulations define clearance lead levels with the values and units of measurement shown in the Table 5. These levels will provide the basis for the lead dust clearance process for Program#1.

**Table 5: Lead dust clearance standards** 

Material Tested	Considered hazardous if lead is present at or above these
	levels*
Bare soil (child play areas)	At or above 400 parts per million (ppm) of lead in the soil
Bare soil (other areas)	At or above 1200 ppm of lead
House dust (floors)	At or above 40 micrograms of lead per square foot of sampled area
	$(\mu g/ft^2)$
House dust (window sills)	At or above 250 μg/ft <sup>2</sup> of lead
House dust (window	At or above 400 μg/ft <sup>2</sup> of lead
troughs)	
Paint tested by an X-Ray	Equal to or more than 1.0 milligrams per square centimeter
Fluorescence (XRF)	(mg/cm <sup>2</sup> ) of lead on a deteriorated sampled surface or an elevated
analyzer	dust wipe sample corresponding to the lead surface.
Paint tested by paint chip	Equal to or more than 0.5% (one half of 1 percent) lead by dry
analysis	weight, or equal to or more than 5,000 ppm of lead in paint.

<sup>\*</sup>All levels indicated in the table above will be utilized until and unless more stringent guidelines are promulgated at the state or federal level.

3) Monitoring Performance, Measuring Progress: Quality Metrics/Reporting Requirements The State believes that this HSI, once approved, will abate identified lead hazards fromhomes and improve the health of Medicaid and CHIP eligible individuals. Providing for enhancement and expansion of the lead hazard removal program will reduce the potential for ongoing exposure or re-exposure to lead hazards for the eligible population and future populations.

In order to monitor the performance and quality of Program#1, the State proposes to track the following key metrics and report to CMS quarterly, or at another approved interval, along with other metrics required by CMS:

- 1. Number of families with eligible children on MDE's CLR who are contacted and informed that they may be eligible to participate in Program#1;
- 2. Number of referrals received by DHCD to participate in Program#1;
- 3. Proportion of referrals received that were subsequently enrolled in Program#1;
- 4. The number of homes scheduled for lead hazard abatement;
- 5. The number of homes in which lead hazard abatement has occurred;
- 6. Number of homes abated for CHIP or Medicaid children under the age of 19;
- 7. Record of actual services provided in each house;
- 8. Clearance testing results for each home abated, as well as proportion of homes abated that pass the lead dust clearance test the first time in the post-abatement period;

- 9. Percentage of children receiving blood lead testing under EPSDT statewide and in the areas targeted by this HSI; and
- 10. Percentage of children with an elevated BLL statewide who have received services under this HSI.

Other metrics may be added at the agreement of the state and CMS during implementation of the HSI.

## Program #2: Childhood Lead Poisoning Prevention & Environmental Case Management

The MDH Environmental Health Bureau (MDH-EHB) currently administers a Childhood Lead Pois oning Prevention & Environmental Case Management Program (CMP) in conjunction with MDE. In 2015 CMP provided environmental case management for 377 children with a BLL  $\geq$  10µg/dL per Maryland statute and regulations. In addition, in 2015 Baltimore City Health Department (BCHD), with CMP's oversight, provided environmental case management services for an additional 904 children with a BLL between 5-9µg/dL.

Beginning in State Fiscal Year (SFY) 2018, the State's CHIP HSI will expand this program to build environmental case management and Community Health Worker (CHW) capacity in LHDs. This program will be a part of an integrated approach to a patient- and community-centered medical home targeting health conditions that have a strong environmental component. Program #2 will focus on improving health outcomes for children with an elevated BLL as well as children with asthma. Improvements in health outcomes will be achieved via a combination of: 1) reductions in environmental hazards in the home; 2) increased medical case management by the primary care provider; and 3) environmental case management by the LHD in conjunction with the primary care provider and the family.

To clarify, the funds under Program#2 will not be used to pay for additional primary care services; these funds will only be used to support the environmental case managers and CHWs. The HSI is intended to fund hazard reduction in the home and environmental case management by the LHD. This will include staff funding (environmental case managers and CHWs) at the LHD level, required durables, and LHD overhead. Funds will not be used to reimburse any Medicaid covered services, including but not limited to primary care and care coordination. Program#2 will not be time limited.

This expanded program will significantly improve the State's ability to address existing disparities in health outcomes for childhood asthma and lead poisoning. A major strength of the program is the linkage and close cooperation between the MDH Medicaid program, the MDH Office of Minority Health and Health Disparities (MDH MHHD), the Environmental Health Bureau within MDH (MDH EHB), and the Childhood Lead Poisoning Prevention Program at the Maryland Department of the Environment.

Figure 3: Program #2 Overview

When names of child(ren) with elevated BLL or asthmatic concerns are referred to LHD, LHD staff will check the Medicaid enrollment status of the child. If child is not enrolled in Medicaid, LHD staff will assist with application and

...LHD will verify if the child needs help due to: 1. Asthma 2. Elevated lead levels 3. Both LHD staff will refer to CHW to conduct home visit(s);

CHW will take durables and train parents/guardians to ensure enviornmental hazards are reduced in the home.

For child with elevated BLL, CHW will conduct home visits etc., but also refer to DHCD to abate the home and enroll child into Program #1.

# Program#2: Eligibility

To qualify for services through Program #2, children must meet three primary requirements. First, they must be (1) enrolled in Medicaid or CHIP or (2) Medicaid or CHIP-eligible but not yet enrolled. Second, they must reside in one of nine specific counties in Maryland. Finally, they must have:

- (1) a diagnosis of moderate to severe asthma; or
- (2) a BLL of  $\geq 5\mu g/dL$ ; or
- (3) a diagnosis of moderate to severe asthma AND a BLL of  $\geq 5\mu g/dL$  (see Figure 4 below for definitions of moderate to severe asthma).

The expanded program will start in State Fiscal Year (SFY) 2018 with pilots in nine counties: Baltimore City, Baltimore County, Charles County, Prince George's County, St. Mary's County, Harford County, Frederick County, Wicomico County, and Dorchester County. These juris dictions have been selected because they already have experience with elements of the expanded program, and a demonstrated need for increased capacity.

<sup>15</sup> Baltimore City, Baltimore County, Charles County, Prince George's County, St. Mary's County, Harford County, Frederick County, Wicomico County, and Dorchester County.

To the extent eligible children served under Program#1 live within the geographic area of Program#2 and meet Program#2's other qualifications, they would be eligible to receive services through Program#2. If there is a child with an elevated BLL in a home, Maryland's goal is to abate the home and enroll the child into Program#1.

LHDs are already active partners with the Medicaid program and play a role in enrolling individuals into the Medicaid and CHIP Programs. They have the capacity to verify whether a child is currently enrolled in benefits using Medicaid's eligibility verification system (EVS). If a child is identified as possibly eligible for Program#2 and is not yet enrolled in Medicaid or CHIP, the LHD will assist themin applying for benefits using Maryland Health Connection before enrolling themin Program#2.

# Figure 4: Moderate to severe persistent asthma definitions to be utilized by Program #2

Level of severity (Columns 2-5) is determined by events listed in Column 1 for both impairment (frequency and intensity of symptoms and functional limitations) and risk (of exacerbations). Assess impairment by patient's or caregiver's recall of events during the previous 2-4 weeks; assess risk over the last year. Recommendations for initiating therapy based on level of severity are presented in the last row.

1						Persistent							
	Components of Severity		Intermittent			Mild		Moderate			Severe		
Sevency		Ages 0-4 years	Ages 5-11 years	Ages ≥12 years	Ages 0-4 years	Ages 5-11 years	Ages ≥12 years	Ages 0-4 years	Ages 5-11 years	Ages ≥12 years	Ages 0-4 years	Ages 5-11 years	Ages ≥12 years
	Symptoms	≤2 days/week		>2 day	>2 days/week but not daily			Daily		TI	hroughout the	day	
	Nighttime awakenings	nings 0 ≤2x/month		nonth	1-2x/month	-2x/month 3-4x/month 3-4x/month >1x		>1x/week b	>1x/week but not nightly >1x/week		Often 7x/week		
ıı	SABA* use for symptom control (not to prevent EIB*)	≤2 days/week		>2 days/week but not daily and not more than once on any day			Daily		Several times per day				
Impairment	Interference with normal activity		None			Minor limitation	1		Some limitatio	n		Extremely limited	
ᄩ	Lung function		Normal FEV <sub>1</sub> between exacerbations	Normal FEV <sub>1</sub> between exacerbations									
	→ FEV <sub>1</sub> * (% predicted)	Not applicable	>80%	>80%	Not applicable	>80%	>80%	Not applicable	60-80%	60-80%	Not applicable	<60%	<60%
	→ FEV,/FVC*		>85%	Normal <sup>†</sup>		>80%	Normal†		75-80%	Reduced 5% <sup>†</sup>		<75%	Reduced >5% <sup>†</sup>
				≥2 exacerb. in 6 months, or wheezing	in 6 months, or wheezing . Generally, more frequent an		nd intense events indicate greater severity.						
	Asthma exacerbations requiring oral systemic corticosteroids <sup>‡</sup>	O-1/year		year lasting			Generally, more frequent and intense events indic			i dicate greater s	everity.		
Risk	CONTROS EN OIUS*				>1 day AND risk factors for persistent asthma								
			Consider se	everity and inter				and severity ma pations may be re			nts in any severi	ity category.	
Recommended Step for Initiating Therapy (See "Stepwise Approach for Managing Asthma Long Term," page 7)			Step 1		Step 2		Step 3	Step 3 medium-dose ICS* option	Step 3	Step 3	Step 3 medium-dose ICS* option or Step 4	e Step 4 or 5	
The si	tepwise approach is meant								Consider s	hort course of o	ral systemic cor	ticosteroids.	
to help, not replace, the clinical decisionmaking needed to meet individual patient needs.								sthma control ac 4-6 weeks, cons					

<sup>\*</sup> Abbreviations: EIB, exercise-induced bronchospam; FEV, forced expiratory volume in 1 second; FVC, forced vital capacity; ICS, inhaled corticosteroid; SABA, short-acting beta, agonist.

Figure courtesy of the U.S. Department of Health and Human Services, National Institutes of Health, National Heart, Lung, and Blood Institute. Asthma Care Quick Reference, Diagnosing and Managing Asthma, Guidelines from the National Asthma Education and Prevention Program, Expert Panel Report 3, 2007. <a href="https://www.nhlbi.nih.gov/health-pro/guidelines/current/asthma-guidelines/quick-reference-html">https://www.nhlbi.nih.gov/health-pro/guidelines/current/asthma-guidelines/quick-reference-html</a>

<sup>†</sup> Normal FEV,/FVC by age: 8-19 years, 85%; 20-39 years, 80%; 40-59 years, 75%; 60-80 years, 70%.

<sup>‡</sup> Data are insufficient to link frequencies of exacerbations with different levels of asthma severity. Generally, more frequent and intense exacerbations (e.g., requiring urgent care, hospital or intensive care admission, and/or oral corticosteroids) indicate greater underlying disease severity. For treatment purposes, patients with >2 exacerbations may be considered to have persistent asthma, even in the absence of impairment levels consistent with persistent asthma.

# Program#2: Enrollment Strategies

Referrals to Program#2 for children with *elevated blood lead levels* will come from a wide range of sources including:

- Primary care and specialty care providers;
- State and county social services agencies;
- MDE's Childhood Lead Registry;
- Local housing agencies;
- Public health agencies (based on either direct inquiries from the public, or from health care providers following up on BLLs >5μg/dL);
- MDE, based on public inquiries, regulatory referrals from their enforcement unit, or notices of defect from renters; or
- Requests from homeowners, rental property owners, or tenants.

Referrals to Program#2 for children diagnosed with *moderate to severe asthma* will come from a wide range of sources including:

- Primary care providers;
- Specialty care providers;
- Managed care and inpatient care coordinators;
- School-based health personnel, social services personnel;
- LHDs:
- Emergency departments;
- Emergency services personnel;
- Parents/guardians; or
- Social service agencies.

## Program#2: Services

The HSI will provide funding for LHDs to hire and train environmental case managers and CHWs to provide educational support and outreach to the parents and guardians of low-income children who have specific health conditions including asthma and lead poisoning, as well as to reduce other hazards to children in homes.

Program#2 will build off of the model utilized by BCHD's Community Asthma Program (CAP). BCHD's current program includes three home visits spaced 3-6 weeks apart, which focus on engaging and supporting families to:

- Identify and reduce environmental asthma triggers; recognize early warning signs of asthma attacks;
- Track respiratory symptoms; and

Take medications as prescribed with the correct technique; create, review, share, and update
as thma action plans with other family members and care providers; and improve coordination
with medical providers.

Under Program#2, the environmental case managers and CHWs will focus on building on BCHD's goals as well as:

- Indoor air quality, pests, and secondhand smoke;
- Provide individualized referrals and case management; and
- Sustainable environmental risk reduction including integrated pest management (IPM) practices.

Program#2 specifically aims to use evidence-based strategies to reduce environmental hazards in the home that adversely affect health outcomes associated with asthma and exposure to lead. These hazards include:

- Secondhand smoke;
- Allergens associated with mice, cockroaches, dust mites, other animals, and pollen (all of which have been associated with poor asthma outcomes).:
- Lead dust:
- Improperly applied or illegal pesticides used by many families to combat mice/cockroaches that have been linked to childhood poisonings, as well as teratogenic effects.

The core components of an environmental case management team will include an environmental case manager (e.g., community health nurse) and CHWs. The environmental case manager, located in the LHD, will manage the needs of the child, coordinate with other medical providers, and oversee the work of the CHWs. The CHWs will be trained to performenvironmental assessments, as well as provide education and resources to support the family of the affected child. The State will coordinate oversight, management, and evaluation to assure that program goals are met and that services covered under Medicaid are not funded under the HSI authority.

The environmental assessments that will be conducted by CHWs will be based on the environmental assessments currently employed by BCHD CAP staff and will focus on triggers for asthma and risk for lead poisoning. These assessments are aligned with "healthy homes assessments", which focus on determining hazards in the home as well as providing families and landlords with tangible feedback on how the environment can be improved to reduce triggers and hazards in the home. The assessments also focus on medication adherence, nutrition, and safe cleaning techniques, which also play an essential role in reducing the impact of asthma and lead poisoning.

The environmental assessments performed by CHWs will not be considered an "in-home assessment" that is eligible for Medicaid reimbursement. CHWs do not currently have a Medicaid provider category in the state of Maryland and their services cannot be reimbursed for by Medicaid at this time. Additionally, CHWs will be trained for clinical assessment, but will not receive compliance training because they do not have regulatory authority. Currently, community health workers are not considered

health professionals under Maryland law.

As previously mentioned, the approved SPA 09-05 provides on-site environmental lead inspections for primary residences, limited to Medicaid enrollees under age 21 with confirmed elevated BLL of  $\geq 5 \mu g/dL$ . On-site inspections are not included for asthma.

# Program#2: Reducing Lead Dust Hazards

In regard to lead dust, Program#2 will reduce lead dust hazards in the home by providing HEPA vacuums, mops, buckets and other cleaning supplies that, when used regularly, have been shown to reduce the presence of lead dust in the home. Program#2 will also reduce lead hazards in the home by assisting parents of children with lead poisoning to either enroll in Program#1 proposed in this HSI, or work with their landlord and MDE to reduce chipping and peeling paint in accordance with Maryland's laws.

As previously mentioned, the approved SPA 09-05 provides on-site environmental lead inspections for primary residences, limited to Medicaid enrollees under age 21 with confirmed elevated BLL of  $\geq 5\mu g/dL$ . On-site inspections are not included for asthma.

# Program#2: Improving Asthma Outcomes

Secondhand smoke has been shown to negatively impact respiratory function and serves as a trigger for as thma episodes. Program#2 will reduce this hazard in homes by providing parents and guardians with education regarding how to reduce their child's exposure to secondhand smoke, as well as assistance with enrolling in programs that will support them to quit smoking if that is their desire.

Allergens associated with mice, cockroaches, and dust mites are known triggers for poor asthma outcomes. Asthmatic children who are allergic to these allergens experience additional inflammation and mucus production reducing their capacity to breathe. Program#2 will educate parents on the associations between exposure to these allergens and poor asthma outcomes, sources of these allergens, and how to limit exposure to these allergens in their homes. Strategies will include the use of HEPA vacuums which have been shown to significantly reduce the level of allergens present in the home and improve as thma outcomes. In addition families will be provided with dust mite covers and educated on their use. Dust mite covers reduce exposure to the allergens present in beds and have been shown to be an effective intervention as well.

In regard to cockroaches and mice, Program #2 will provide parents with education regarding the impact of exposure to allergens associated with pests on asthma outcomes. In addition Program #2 will provide parents with education regarding integrated pest management as well as how to use the durables

provided to performintegrated pest management. <sup>16</sup> Integrated pest management has been shown to be the most effective manner of reducing cockroach and mouse burden, and has been associated with improved respiratory function among asthmatic children. <sup>17</sup> It has the added benefit of relying sparsely on pesticides. One of the additional benefits of this educational programing is that parents will learn which pesticides to NOT use in their homes. Misapplication of pesticides, and use of illegal pesticides poses a significant poisoning risk for children. Thus by introducing integrated pest management practices in the home Program#2 will not only reduce the hazards associated with pests, but also some of the hazards that are commonly associated with attempting to control pests through traditional methods.

#### Program#2: Home Visits

As part of CAP, BCHD shares a report with participants' medical providers regarding progress towards the aforementioned goals, successes, challenges, and needs for additional follow-up, education or referrals. Similar environmental case management activities and reporting protocols already exist for lead in LHDs and will be expanded with the new lead HSI SPA. Program#2 will offer 3-6 home visits, based on the family's needs and the child's BLL.

The number of home visits is a function of the child's underlying condition and severity. For children with asthma, the literature supports a range of home visits up to six, depending on the severity of the asthma symptoms. <sup>18</sup> Currently, BCHD provides only 3 home visits due primarily to funding limitations. It is anticipated that children with asthma as a diagnosis will receive three to six visits, depending on the severity of the asthma.

Children with a diagnosis of lead exposure generally also receive three home visits, but may receive more depending on clinical severity, the need for case management, or other factors.

Children who are enrolled in Program #2 who have both diagnoses of lead exposure and asthma will be as sessed and managed for both conditions simultaneously, and will receive the same number of visits (three to six) as children with only one diagnosis based on the factors enumerated above.

Typical services to be provided for asthma home visits are shown below:

<sup>16</sup> https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3934496/

<sup>17</sup> http://www.sciencedirect.com/science/article/pii/S0277953606002607

<sup>18</sup> See the Reducing Asthma Disparities page for a description of the Baltimore City demonstration project using six visits, accessible at:

Table 6: Asthma Home Visit Services

Home Visit 1 Personnel	
Community Health Worker	Hours
<ul> <li>Field work to complete HV1: In-home interview, environmental</li> </ul>	3
as sessment, education	
<ul> <li>Office work to complete documentation, encounter form, care</li> </ul>	2
coordination	
<ul> <li>Transportation time for visit (round trip)</li> </ul>	2.0
Total time	6.5 hours
Home Visit 1 Supplies	
• Mattress and pillow encasements	
• Spacer	
Educational binder	
Home Visit 2 Personnel	
Community Health Worker	Hours
<ul> <li>Field work to complete HV2: In-home interview, environmental</li> </ul>	
as sessment, education	1.5
<ul> <li>Office work to complete documentation, encounter form, care</li> </ul>	1.5
coordination	
<ul> <li>Transportation time for visit (round trip)</li> </ul>	2.0
Total time	4.5 hours
Home Visit 2 Supplies	
• Green Cleaning Kit (bucket, mop, spray bottle, baking soda, vinegar,	
Green Works)	
• Integrated Pest Management supplies	
Home Visit 3 Personnel	
Community Health Worker	Hours
<ul> <li>Field work to complete HV3: In-home interview, environmental</li> </ul>	
as sessment, education	1
<ul> <li>Office work to complete documentation, encounter form, care</li> </ul>	1.5
coordination	
<ul> <li>Transportation time for visit (round trip)</li> </ul>	2.0
Total time	4 hours
Home Visit 3 Supplies	
• Doormat	
• HEPA vacuum(10% of clients)	

Under Program#2, CHWs will assess what durables a family needs. The listed items under Table 6 are for the families to keep; they are not loaned to the families. Although refills for families may be provided while actively enrolled in the program if needed, families will not be enrolled indefinitely in

the program. The goal is to assist and educate the families so families can independently maintain their home environments o asthma triggers and lead levels do not escalate.

Table 7: Program #2 Required Durables

As thma Durables	Lead Durables
HEPA Vacuum	HEPA Vacuum
Bucket	Bucket
Mop	Mop
Sponges	Sponges
Mouse traps	Micro-fiber cleaning cloths
Cockroach traps / baits	Soap
Dust mite covers for mattress	
Medication storage containers	
Spacers (for inhalers)	
Caulk	
Copper Mesh	
Sticky Traps	
Soap	

#### Program#2: Staffing

The core components of an environmental case management team will include an environmental case manager (e.g. community health nurse) and CHWs. The environmental case manager, located in the LHD, will manage the needs of the child, coordinate with other medical providers, and oversee the work of the CHWs.

As part Program#2, CHWs will be identified and recruited in targeted communities in part with the assistance of the MDH MHHD's Minority Outreach and Technical Assistance program. Training of the environmental case managers and CHWs is described below. The State plans to use the current training vendor to train additional environmental case managers and community health workers. The State will also review the curriculum available for other training vendors in the area to determine if the curricula would meet the needs of the staff hired under this HSI were it to be approved. Funding from the HSI will also ensure coordination between Programs #1 and #2, analysis, and reporting to MDH regarding project outcomes focusing specifically on health disparities that have been identified as priorities.

The current training vendor, a non-governmental non-profit organization, is supported by one part of the existing State-funded Childhood Lead Poisoning Prevention & Environmental Case Management Program to provide education, outreach, and training to LHDs, community-based organizations, and

communities affected by lead poisoning. Under the new program, these ongoing efforts would be augmented with funding under the HSI to provide healthy homes training to LHD environmental caseworkers and CHWs. Under the proposed Program#2, LHDs would have the opportunity to leverage current staff to assist with programimplementation; however, in many instances the State expects that LHDs will hire new staff that will be paid for by HSI funds. These new staff would be employed by the LHD.

The supported organization has extensive experience training personnel. The healthy homes curriculum includes training on how to reduce environmental hazards related to both asthma and lead poisoning, as well as how to perform in-home environmental hazards assessments. There are other organizations that have the potential to deliver training to the environmental case managers and CHWs, and MDH will evaluate the suitability of these trainings and organizations for the purposes in the near future and utilize these additional organizations as appropriate.

### Program#2: Quality Metrics

The State will ensure that Program#2 is meeting performance goals and providing quality services using a set of core reporting metrics that will be reported to CMS quarterly or at another agreed upon schedule. These metrics include:

- 1) Number of children enrolled in Program#2;
- 2) Number of children enrolled in Program#2 who received at least three home visits;
- 3) Number of children in Program #2 who receive at least three home visits in the specified time frame:
- 4) Of the children served by Program #2 who have been diagnosed with asthma, the proportion who report an improvement in asthma symptom management;
- 5) Of the children served by Program#2 who have been diagnosed with asthma, the proportion who report having an up-to-date asthma action plan that has been shared with their care provider and school or daycare facility as appropriate;
- 6) Of the children served by Program#2 who have elevated BLL, the proportion who received a follow-up blood lead test during the program time-frame; and
- 7) Of the children served by Program #2 who have an elevated BLL, the proportion whose follow up blood lead test was below  $5\mu g/dL$ .

Other metrics may be added at the agreement of the state and CMS during implementation of the HSI.

The estimated costs per child (which include core services, administration, training of new personnel, as well as direct services) served by Program#2 are between \$1,500 - \$2,500 per child/per year. Therefore, Program#2 will be able to provide services to approximately 1,200-2,000 children annually. These costs will vary based on two factors: 1) the number of home visits that are required (3–6) to optimally support the family, and 2) the complexity of the environmental case management efforts required based on the individual family/child's needs. Ultimately, the number of children to be served by Program#2 will

depend on the cost per unit per year.

# 2.3-TC Tribal Consultation Requirements- (Sections 1902(a)(73) and 2107(e)(1)(C)); (ARRA #2, CHIPRA #3,

issued May 28, 2009) Section 1902(a)(73) of the Social Security Act (the Act) requires a State in which one or more Indian Health Programs or Urban Indian Organizations furnish health care services to establish a process for the State Medicaid agency to seek advice on a regular, ongoing basis from designees of Indian health programs, whether operated by the Indian Health Service (IHS), Tribes or Tribal organizations under the Indian Self-Determination and Education Assistance Act (ISDEAA), or Urban Indian Organizations under the Indian Health Care Improvement Act (IHCIA). Section 2107(e)(1)(C) of the Act was also amended to apply these requirements to the Children's Health Insurance Program (CHIP). Consultation is required concerning Medicaid and CHIP matters having a direct impact on Indian health programs and Urban Indian organizations.

Describe the process the State uses to seek advice on a regular, ongoing basis from federally-recognized tribes, Indian Health Programs and Urban Indian Organizations on matters related to Medicaid and CHIP programs and for consultation on State Plan Amendments, waiver proposals, waiver extensions, waiver amendments, waiver renewals and proposals for demonstration projects prior to submission to CMS. Include information about the frequency, inclusiveness and process for seeking such advice.

# Section 3. Methods of Delivery and Utilization Controls

X Check here if the State elects to use funds provided under Title XXI only to provide expanded eligibility under the State's Medicaid plan, and continue on to Section 4.

3.1.	<b>Derivery Standards</b> Describe the methods of derivery of the child health assistance using Title
	XXI funds to targeted low-income children. Include a description of the choice of financing and
	the methods for assuring delivery of the insurance products and delivery of health care services
	covered by such products to the enrollees, including any variations. (Section 2102)(a)(4)
	(42CFR 457.490(a))
	(42CFR 437.470(a))
	Check here if the State child health program delivers services using a managed care
	delivery model. The State provides an assurance that its managed care contract(s) complies with
	the relevant provisions of section 1932 of the Act, including section 1932(a)(4), Process for
	Enrollment and Termination and Change of Enrollment; section 1932(a)(5), Provision of
	Information; section 1932(b), Beneficiary Protections; section 1932(c), Quality Assurance
	Standards; section 1932(d), Protections Against Fraud and Abuse; and section 1932(e), Sanctions
	for Noncompliance. The State also assures that it will submit the contract(s) to the CMS'
	Regional Office for review and approval (Section 2103(f)(3))

3.2. Describe the utilization controls under the child health assistance provided under the plan for targeted low-income children. Describe the systems designed to ensure that enrollees receiving health care services under the State plan receive only appropriate and medically necessary health care consistent with the benefit package described in the approved State plan. (Section 2102)(a)(4) (42CFR 457.490(b))

# Section 4. Eligibility Standards and Methodology

4.0. X	Medicaid Expansion 4.0.1. Superseded by Title XXI amendment CS3.
	parate Program Check all standards that will apply to the State plan. (42CFR 457.305(a) and 7.320(a))
Cit fed Ter or elig B a not cit	.0 Describe how the State meets the citizenship verification requirements. Include whether or not State has opted to use SSA verification option.  izenship is werified via a system check establishing that an applicant is known to another the erally funded benefit program which requires citizenship, such as Maryland's mporary Cash Assistance (i.e., TANF), Medicare, Social Security Disability Insurance, Supplemental Security Income. Applicants who were born in Maryland to a mother gible for Medical Assistance are citizens. Children receiving assistance under Section IVand IV-E of the Social Security Act are not required to prove citizenship. For children a previously determined to be citizens by a program to which Maryland has access, izenship can be determined by showing a birth certificate or other document or inbination of documents specified in 42 CFR 435.407.
4.1	.1. Geographic area served by the Plan if less than Statewide:
	MCHP and MCHP Premium are available on a Statewide basis.
4.1	.2. Ages of each eligibility group, including unborn children and pregnant women (if applicable) and the income standard for that group:
	For MCHP and MCHP Premium, children must be under 19 years old.
	<b>4.1.2.1-PC</b> Age: through birth (SHO #02-004, is sued November 12, 2002)
4.1	.3 Income of each separate eligibility group (if applicable):

4.1.3.1-PC X 0% of the FPL (and not eligible for Medicaid) through 317% of the FPL (SHO #02-004, issued November 12, 2002)

4.1.4.		Resources of each separate eligibility group (including any standards relating to downs and disposition of resources):  The eligibility determination for MCHP and MCHP Premium considers only the applicant's family income; assets are not considered.
4.1.5.	Reside	ency (so long as residency requirement is not based on length of time in state):
		Current residency in the State is required.  A resident must have an address in the State and intend to remain.
4.1.6		Disability Status (so long as any standard relating to disability status does not restrict eligibility):
4.1.7.		Access to or coverage under other health coverage: A child must not have existing full-benefit coverage that is affordable to the child's parents in order to qualify for CHIP in Maryland.
4.1.8.		Duration of eligibility:
		Once an applicant is determined eligible for MCHP Premium and enrolled in the program, eligibility will be redetermined annually. If there is any change in income, employment or insurance status, the parent or guardian must notify the State.
4.1.9.		Other standards (identify and describe):
		4.1.9.1 States should specify whether Social Security Numbers (SSN) are required.  Maryland requires the SSN of a child applying for Medicaid/CHIP except for the deemed newborn of a Medicaid mother and an individual subject to one of the exceptions set forth at 42 CFR 435.910(h).
		<b>4.1.9.2</b> ☐ Continuous eligibility
4.1-PV	W 🗆	<b>Pregnant Women Option</b> (section 2112)- The State includes eligibility for one or more populations of targeted low-income pregnant women under the plan. Describe the population of pregnant women that the State proposes to cover in this section. Include all eligibility criteria, such as those described in the above categories (for instance, income and resources) that will be applied to this population. Use the same reference number system for those criteria (for example, 4.1.1-P for a geographic restriction). Please remember to update sections 8.1.1-PW, 8.1.2-PW, and 9.10 when electing this option.

4.1-LR X Lawfully Residing Option (Sections 2107(e)(1)(J) and 1993(v)(4)(A); (CHIPRA # 17, SHO # 10-006 is sued July 1, 2010) Check if the State is electing the option under section 214 of the Children's Health Insurance Program Reauthorization Act of 2009 (CHIPRA) regarding lawfully residing to provide coverage to the following otherwise eligible pregnant women and children as specified below who are lawfully residing in the United States including the following:

A child or pregnant woman shall be considered lawfully present if he or she is:

- A qualified alien as defined in section 431 of PRWORA (8 U.S.C. § 1641);
- (2) An alien in nonimmigrant status who has not violated the terms of the status under which he or she was admitted or to which he or she has changed after admission;
- (3) An alien who has been paroled into the United States pursuant to section 212(d)(5) of the Immigration and Nationality Act (INA) (8 U.S.C. §1182(d)(5)) for less than 1 year, except for an alien paroled for prosecution, for deferred inspection or pending removal proceedings;
- (4) An alien who belongs to one of the following classes:
  - (i) Aliens currently in temporary resident status pursuant to section
  - 210 or 245A of the INA (8 U.S.C. §§1160 or 1255a, respectively);
  - (ii) Aliens currently under Temporary Protected Status (TPS) pursuant to section 244 of the INA (8 U.S.C. §1254a), and pending applicants for TPS who have been granted employment authorization;
  - (iii) Aliens who have been granted employment authorization under 8 CFR 274a.12(c)(9), (10), (16), (18), (20), (22), or (24);
  - (iv) Family Unity beneficiaries pursuant to section 301 of Pub. L. 101-649, as amended;
  - (v) A liens currently under Deferred Enforced Departure (DED) pursuant to a decision made by the President;
  - (vi) Aliens currently in deferred action status; or
  - (vii) A liens whose visa petition has been approved and who have a pending application for adjustment of status:
- (5) A pending applicant for asylumunder section 208(a) of the INA (8 U.S.C. § 1158) or for withholding of removal under section 241(b)(3) of the INA (8 U.S.C. § 1231) or under the

- Convention Against Torture who has been granted employment authorization, and such an applicant under the age of 14 who has had an application pending for at least 180 days;
- (6) An alien who has been granted withholding of removal under the Convention Against Torture;
- (7) A child who has a pending application for Special Immigrant Juvenile status as described in section 101(a)(27)(J) of the INA (8 U.S.C. § 1101(a)(27)(J));
- (8) An alien who is lawfully present in the Commonwealth of the Northern Mariana Islands under 48 U.S.C. § 1806(e); or
- (9) An alien who is lawfully present in American Samoa under the immigration laws of American Samoa.

☐ Elected for pregnant women.
(Note: elected for pregnant/postpartum women in
Title XIX.)
X Elected for children under age <u>19</u> .
(Note: elected for children under age 21 in Title
XIX )

- **4.1.1-LR** X The State provides assurance that for an individual whom it enrolls in Medicaid under the CHIPRA Lawfully Residing option, it has verified, at the time of the individual's initial eligibility determination and at the time of the eligibility redetermination, that the individual continues to be lawfully residing in the United States. The State must first attempt to verify this status using information provided at the time of initial application. If the State cannot do so from the information readily available, it must require the individual to provide documentation or further evidence to verify satisfactory immigration status in the same manner as it would for anyone else claiming satisfactory immigration status under section 1137(d) of the Act.
- **4.1-DS** Supplemental Dental (Section 2103(c)(5) A child who is eligible to enroll in dental-only supplemental coverage, effective January 1, 2009. Eligibility is limited to only targeted low-income children who are otherwise eligible for CHIP but for the fact that they are enrolled in a group health plan or health insurance offered through an employer. The State's CHIP plan income eligibility level is at least the highest income eligibility standard under its approved State child health plan (or under a waiver) as of January 1, 2009. All who meet the eligibility standards and apply for dental-only supplemental coverage shall be provided benefits. States choosing this option must report these children separately in SEDS. Please update sections 1.1-DS, 4.2-DS, and 9.10 when electing this option.
- **4.2.X** Assurances The State assures by checking the box below that it has made the following findings with respect to the eligibility standards in its plan: (Section 2102(b)(1)(B) and 42 CFR

457.320(b)	))	
137.320(0)	4.2.1.	These standards do not discriminate on the basis of diagnosis.
	4.2.2.	Within a defined group of covered targeted low-income children, these standards do not cover children of higher income families without covering children with a lower family income.
	4.2.3.	These standards do not deny eligibility based on a child having a pre-existing medical condition.
4.2-DS	this option. For has made the 2102(b)(1)(B) 4.2.1-DS   4.2.2-DS   these standard covering child 4.2.3-DS   1	Please update sections 1.1-DS, 4.1-DS, and 9.10 when electing or dental-only supplemental coverage, the State assures that it following findings with standards in its plan: (Section and 42 CFR 457.320(b)) These standards do not discriminate on the basis of diagnosis. Within a defined group of covered targeted low-income children, its do not cover children of higher income families without then with a lower family income. These standards do not deny eligibility based on a child having a medical condition.
<b>Methodology.</b> Describe the methods of establishing and continuing eligibility and enrollment. The description should address the procedures for applying the eligibility standards, the organization and infrastructure responsible for making and reviewing eligibility determinations, and the process for enrollment of individuals receiving covered s ervices, and whether the State uses the same application form for Medicaid and/or other public benefit programs. (Section 2102)(b)(2)) (42CFR, 457.350)		
	for instituting enrollm will be given priority	<b>Enrollment</b> Describe the processes, if any, that a State will use then t caps, establishing waiting lists, and deciding which children for enrollment. If this section does not apply to your state, (Section 2102(b)(4)) (42CFR, 457.305(b))
	X Chec	k here if this section does not apply to your State.
		e State elects to provide presumptive eligibility for children that airements of section 1920A of the Act. (Section 2107(e)(1)(L)); 355)

4.3

- **4.3.3-EL Express Lane Eligibility** X Check here if the state elects the option to rely on a finding from an Express Lane agency when determining whether a child satisfies one or more components of CHIP eligibility. The state agrees to comply with the requirements of sections 2107(e)(1)(E) and 1902(e)(13) of the Act for this option. Please update sections 4.4-EL, 5.2-EL, 9.10, and 12.1 when electing this option. This authority may not apply to eligibility determinations made before February 4, 2009, or after September 30, 2013. (Section 2107(e)(1)(E))
  - **4.3.3.1-EL** Also indicate whether the Express Lane option is applied to (1) initial eligibility determination, (2) redetermination, or (3) both.
  - Our express-line program was hindered by the conclusion of the State
    Comptroller that taxinformation could not be shared by
    this office with another state entity. We relied on the
    Comptroller's office to identify and provide a list of
    families whose income fell within bounds of CHIP
    eligibility, to which we sent a simplified application
    form. A large number of Express Lane applications
    were from families already enrolled, who did not
    recognize the outreach package as a benefit already
    received.
    - **4.3.3.2-EL** List the public agencies approved by the State as Express Lane agencies.

Office of the Comptroller of Maryland.

**4.3.3.3-EL** List the components/components of CHIP eligibility that are determined under the Express Lane. In this section, specify any differences in budget unit, deeming, income exclusions, income dis regards, or other methodology between CHIP eligibility determinations for such children and the determination under the Express Lane option.

The data we sought to confirm was limited to income as reported for State taxpurposes.

- **4.3.3.3-EL** List the component/components of CHIP eligibility that are determined under the Express Lane.
- Family income is the only component addressed under the Express Lane.
  - **4.3.3.4-EL** Describe the option used to satisfy the screen and enrollment requirements before a child may be enrolled under title XXI.

The normal application processing requirements are applied to families that respond to Express Lane outreach.

Guidance:

States should describe the process they use to screen and enroll children required under section 2102(b)(3)(A) and (B) of the Social Security Act and 42 CFR 457.350(a) and 457.80(c). Describe the screening threshold set as a percentage of the Federal poverty level (FPL) that exceeds the highest Medicaid income threshold applicable to a child by a minimum of 30 percentage points. (NOTE: The State may set this threshold higher than 30 percentage points to account for any differences between the income calculation methodologies used by an Express Lane agency and those used by the State for its Medicaid program. The State may set one screening threshold for all children, based on the highest Medicaid income threshold, or it may set more than one screening threshold, based on its existing, age-related Medicaid eligibility thresholds.) Include the screening threshold(s) expressed as a percentage of the FPL, and provide an explanation of how this was calculated. Describe whether the State is temporarily enrolling children in CHIP, based on the income finding from an Express Lane agency, pending the completion of the screen and enroll process.

In this section, states should describe their eligibility screening process in a way that addresses the five assurances specified below. The State should consider including important definitions, the relationship with affected Federal, State and local agencies, and other applicable criteria that will describe the State's ability to make assurances. (Sections 2102)(b)(3)(A) and 2110(b)(2)(B)), (42 CFR 457.310(b)(2), 42CFR 457.350(a)(1) and 457.80(c)(3))

# 4.4 Describe the procedures that assure that:

4.4.1. Through the screening procedures used at intake and follow-up eligibility determination, including any periodic redetermination, that only targeted low-income children who are ineligible for Medicaid or not covered under a group health plan or health insurance coverage (including access to a state health benefits plan) are furnished child health assistance under the state child health plan. (Sections 2102(b)(3)(A) and 2110(b)(2)(B)) (42 CFR 457.310(b) (42 CFR 457.350(a)(1)) 457.80(c)(3))

See Section 4.4.4.3 below for prevention of substitution of coverage.

4.4.2 The Medicaid application and enrollment process is initiated and facilitated for

children found through the screening to be potentially eligible for medical assistance under the state Medicaid plan under Title XIX. (Section 2102)(b)(3)(B)) (42CFR 457.350(a)(2))

- 4.4.3. The State is taking steps to assist in the enrollment in SCHIP of children determined ineligible for Medicaid. (Sections 2102(a)(1) and (2) and 2102(c)(2)) (42 CFR 431.636(b)(4))
- 4.4.4. The insurance provided under the state child health plan does not substitute for coverage under group health plans. Check the
  - 4.4.4.1. X Coverage provided to children in families at or below 200% FPL: describe the methods of monitoring substitution.
  - 4.4.4.2. X Coverage provided to children in families over 200% and up to 250% FPL: describe how substitution is monitored and identify specific strategies to limit substitution if levels become unacceptable.
  - 4.4.4.3. X Coverage provided to children in families above 250% FPL: describe how substitution is monitored and identify specific strategies in place to prevent substitution.
  - 4.4.4.4\_\_\_ If the state provides coverage under a premium assistance program, describe:

The minimum period without coverage under a group health plan, including any allowable exceptions to the waiting period.

The minimum employer contribution.

The cost-effectiveness determination.

- 4.4.5 Child health assistance is provided to targeted low-income children in the State who are American Indian and Alaska Native. (Section 2102)(b)(3)(D)) (42 CFR 457.125(a))
  - Guidance: When the State is using an income finding from an Express Lane agency, the

    State must still comply with screen and enroll requirements before enrolling
    children in CHIP. The State may either continue its current screen and enroll
    process, or elect one of two new options to fulfill these requirements.
  - **4.4-EL** The State should designate the option it will be using to carry out screen and enroll requirements:

X The State will continue to use the screen and enroll procedures required under section 2102(b)(3)(A) and (B) of the Social Security Act and 42 CFR 457.350(a) and 42 CFR 457.80(c). Describe this process. The screening and enrollment process is prescribed by Medicaid, with the addition of unique CHIP rules regarding substitution/other insurance. The State is establishing a screening threshold set as a percentage of the Federal poverty level (FPL) that exceeds the highest Medicaid income threshold applicable to a child by a minimum of 30 percentage points. (NOTE: The State may set this threshold higher than 30 percentage points to account for any differences between the income calculation methodologies used by the Express Lane agency and those used by the State for its Medicaid program. The State may set one screening threshold for all children, based on the highest Medicaid income threshold, or it may set more than one screening threshold, based on its existing, age-related Medicaid eligibility thresholds.) Include the screening threshold(s) expressed as a percentage of the FPL, and provide an explanation of how this was calculated. The State is temporarily enrolling children in CHIP, based on the income finding from the Express Lane agency, pending the completion of the screen and enroll process.

# Section 5. Outreach and Coordination

**5.1.** (formerly 2.2) Describe the current State efforts to provide or obtain creditable health coverage for uninsured children by addressing sections 5.1.1 and 5.1.2. (Section 2102)(a)(2) (42CFR 457.80(b))

Describe the procedures used by the State to accomplish:

Outreach to families of children likely to be eligible for child health assistance or other public or private health coverage to inform them of the availability of the programs, and to assist them in enrolling their children in such a program: (Section 2102(c)(1)) (42 CFR457.90)

## MARYLAND CHILDREN'S HEALTH PROGRAM OUTREACH STRATEGY

The effective date for MCHP outreach was July 1, 1998. The effective date for MCHP Premium outreach was July 1, 2001. The outreach strategy for the Maryland Children's Health Program is guided by the following goals:

- Design a program that is easy for the general public to understand and access;
- Conduct a culturally sensitive public information campaign, targeted to those individuals
  and organizations that have the most direct contact with the low-income uninsured
  population;

- Identify, inform, and enroll the low-income uninsured population into either the State's Medicaid program, MCHP or MCHP Premium, as appropriate; and
- Coordinate enrollment into these programs with other public or private health in surance.

To effectively achieve the goals of enrolling the targeted uninsured population into the Maryland Children's Health Program, Maryland uses a multifaceted strategy. In order to target families, Maryland will continue with a grassroots information dissemination campaign involving collaboration with the following entities:

- State agencies;
- Advocacy and community-based groups; and
- Provider organizations.

This grassroots approach complements Maryland's comprehensive HealthChoice education and outreach campaigns targeted at low income pregnant women and children. Maryland has conducted public media and advertising campaigns using some of the same strategies which have been effective during the implementation of HealthChoice.

#### Grassroots Information Dissemination Campaign

The primary objective of the grassroots public information campaign is to educate families of the eligibility provisions and benefits under the Maryland Children's Health Program. State agencies as well as local community-based organizations, advocacy groups, and providers serve as information links to low-income working families. Each of these groups is asked to distribute brochures and other forms of information, assist with mail-in applications, use their own newsletter for communication, and host meetings for others to be educated on the outreach process. In all of these activities, the State serves as a central contact and clearinghouse, as well as providing technical assistance.

The State coordinates its outreach efforts closely with Local Health Departments, Community Health Centers, Managed Care Organizations, (MCOs) and other public and private providers with historic experience in providing information, services, and referrals for low income uninsured populations. The State also works through children's services providers such as schools, licensed day care providers, and Head Start programs. Each of the grassroots outreach entities are outlined below with a description of their major area of responsibility.

### STATE AGENCIES

### **Maryland Department of Health (MDH)**

MDH is responsible for strategic planning of Statewide outreach. MDH efforts include the following:

- Consultation with the Maryland Medicaid Advisory Committee. MDH, in consultation with the Maryland Medicaid Advisory Committee, refines mechanisms for outreach with a special emphasis on identifying children who may be eligible for program benefits under the Maryland Children's Health Program.
- Toll Free Information Line. MDH operates a toll free information line to field questions about the program and take requests for enrollment applications. DHMH's toll free line is linked to the national 1-877-KIDSNOW hotline.
- Printed Materials. The following materials are distributed to those groups who have the most direct contact with the uninsured population such as Community Health Centers, Local Health Departments, the Department of Social Services offices, advocacy groups for children, school systems, community outreach organizations, and churches:
  - ➤ Mail-in applications
  - ➤ Brochures, posters, and flyers
  - Question and answer information packets for enrollees
  - > Question and answer information packets for professionals
  - > Training materials for Local Health Departments
  - > Training materials for public speaking engagements
  - > Scripts for newsletters and newsprint.
- □ Web based materials. Materials are posted on a public-access agency website, to include applications, general information, eligibility updates and topic specific information

The largest percentage of non-English speaking populations in the State speak Spanish and Vietnames e. Outreach for Health Choice and MCHP included specific efforts to reach these populations. Other identified languages spoken frequently in the State include Russian, Korean and Chinese. Maryland provides application forms and brochures in English and Spanish, and will evaluate whether to translate additional outreach brochures and posters into other languages for juris dictions with large non-English speaking populations.

# **Local Health Departments (LHD)**

Public health services in Maryland are provided through a network of 24 local health departments that have a longstanding history of service delivery to maternal and child health populations through the

following programs: Family Planning Services (Title X); preventive health care and specialty care to low income children and prenatal care to low-income pregnant women (Title V); WIC; and immunization programs.

Through funding from the HealthChoice program, each LHD has created a care coordination unit responsible for outreach to low-income families, as well as follow-up of certain hard-to-reach and special needs populations enrolled in HealthChoice who fail to keep appointments. These Statewide networks of Medicaid supported outreach units have the knowledge, skills, and tools to conduct outreach activities to identify, track, enroll, and educate the low-income uninsured population into the Maryland Children's Health Program. LHDs perform community outreach through collaborative efforts with schools, family and center-based day care centers, family support centers, churches, medical and mental health providers, work site wellness programs, business and service organizations (e.g., Chamber of Commerce), non-profit organizations (e.g., March of Dimes), youth activity, and sports programs.

Department staff meet regularly with LHD outreach staff to keep them abreast of changes in the Maryland Children's Health Program, to ensure that all grantees understand outreach goals, and to provide information on statewide outreach strategies. MDH will also seek input from grantees regarding the development of performance measures for these activities. Local health department outreach staff will also be asked to evaluate local strategies.

## **Department of Human Services (DHS)**

DHMH works closely with MDH to coordinate eligibility issues especially for those who fall between the 200 and 300 percent of FPL. The introduction of the family contribution requirement and Maryland's efforts to assure that Maryland Children's Health Program enrollees do not have any other creditable coverage present challenges for the eligibility process. MDH and DHS (which does CARES eligibility processing for MCHP and MCHP Premium) work closely to identify and resolve any issues relating to eligibility determination for the Maryland Children's Health Program.

#### Maryland State Department of Education (MSDE)

MSDE plays a key role in encouraging low income families to apply for insurance coverage for their children by developing and implementing a school based outreach program. Examples of cooperative efforts with MDH include:

- Boards of Education. MDH may enter into contracts with county boards of education to provide information at public schools on the Maryland Children's Health Program.
  - ➤ National Free and Reduced Price School Lunch Program. The Maryland State Department of Education (MSDE) maintains information concerning public school children who participate in the National Free and Reduced Price School Lunch program for children in families with income below 185 percent of the Federal

poverty line (FPL). MDH and MSDE have developed a two-part targeted outreach strategy that permissively uses the National Free and Reduced Price School Lunch Program to direct outreach information to children who are likely to be eligible for public health insurance coverage under either Medicaid or the Maryland Children's Health Program. This strategy will concentrate on schools that (based on their relatively high proportion of children who qualify for the National Free and Reduced Price Lunch Program) are likely to enroll a relatively high number of children who are eligible for Medicaid or the Maryland Children's Health Program. When a child applies for the National Free and Reduced Price School Lunch Programand is determined to be eligible, the school will send a notice of eligibility to the child's parents; outreach information about the Maryland Children's Health Program will be included with the notice; and

- For school years 2000 and 2002, a Maryland Children's Health Program application was sent home with every child. For school year 2001, new entrants in prekindergarten, kindergarten and first grade received applications.
- School-Based Health Centers. School-based health centers are located in schools in Maryland which serve large numbers of children in low income families. SBHCs will encourage families of uninsured children to apply for Maryland Children's Health Program coverage.
- Licensed Day Care Centers. The Child Care Administration (CCA) is responsible for licensing and monitoring day care centers and family day care programs in Maryland. In addition, it administers the child care subsidy payment program for eligible families. CCA will provide general information about the Maryland Children's Health Program through education articles in a quarterly newsletter and by distributing outreach materials to 2,200 day care centers and 14,400 family day care providers.

#### Head Start

Head Start programs serve over 7,200 children in Maryland. The program predominantly serves four year old children with some available space for younger children. One component of Head Start is to promote access to health care for the children and families served in each program. Ten percent of the children served must have documented disabilities and ten percent of the children enrolled may come from families whose income exceeds the Head Start income guidelines, which are at the Federal poverty line. The Maryland Head Start Collaboration Network project was established to facilitate coordination of services between Head Start and Health care providers, education agencies, child care programs, employment projects, and other community organizations. It provides an open access arena for communication to the 31 Head Start programs in every county in the State. The project collaborates with the Early and Periodic Screening Diagnosis and Treatment (EPSDT) program to improve access to health care services and to make sure that children enrolled in Head Start receive EPSDT screening and treatment

services. Local Head Start programs provide Medicaid and Maryland Children's Health Programeligibility information and explain the importance of obtaining an EPSDT screen and immunizations during their annual spring recruitment phase.

### Governor's Office on Children, Youth and Families

MDH coordinates with this agency, as appropriate to assist in its outreach efforts.

# Office of the State Comptroller

MDH coordinates with this agency, as appropriate, to assist in its outreach efforts. Effective April ,2010, MDH uses this agency as an Express Lane agency that uses income information from State taxrecords to identify children financially eligible for CHIP.

### ADVOCACY AND COMMUNITY BASED ORGANIZATIONS

#### HealthChoice Linkages

Maryland has been highly successful in working in partnership with advocacy organizations for Health Choice outreach and education activities. These partnerships will be strengthened to enhance outreach efforts as we move forward with the Maryland Children's Health Program. These advocacy organizations represent children and pregnant women of varying health status, geographic location and ethnic backgrounds. The advocacy organizations have a vested interest in child health and have grounded experience in overcoming the barriers that keep children and pregnant women from getting care.

During the planning stages for MCHP, regional meetings were conducted to seek input from the public. Numerous advocacy organizations participated in these regional meetings and expressed their willingness to assist in outreach efforts. A few examples of these established groups that have proven their commitment to reach the uninsured include:

- The Maryland Committee on Children
- Advocates for Children and Youth
- The Maryland Developmental Disabilities Council
- The Maryland Association of Resources for Families and Youth
- Workgroup on Managed Care for Children in State-Supervised Care
- The Lutheran Office on Public Policy
- The United Baptist Missionary Convention and Auxiliaries, Inc.
- Collington Life Center (Senior Center)
- The Mid-Atlantic Association of Community Health Centers

MDH works closely with these and other groups to implement an outreach plan that complements other simultaneous outreach efforts and that specifically attempts to identify

potential eligibles who are in rural areas, who are homeless, or who are members of special needs populations. Such activities as creating meeting participant lists, providing input on brochures and applications, distributing materials through churches and libraries, and speaking to parent groups are requested of these organizations.

# Linkage with Robert Wood Johnson Outreach Grant - Covering Kids and Families - Maryland

Discontinued/Grant Period Ended June 30, 2006.

#### Linkage with Insurance Brokers

When issuing or renewing group health insurance policies with an employer that does not include dependent coverage, insurers and non-profit health service plans (those that issue or deliver group health insurance policies in the State) provide enrollment information to insured employees regarding methods for enrolling dependents of the insured employee.

#### PROVIDER OUTREACH

# **Primary and Specialty Care Providers**

Health care providers are an invaluable resource in providing information concerning Medicaid coverage for low income children, children with special health care needs, and families. Primary care and specialty providers are encouraged by DHMH to identify individuals, especially pregnant women and children, in need of health care coverage and to make appropriate referral to local and State agencies for assistance.

#### **Professional Medical Organizations**

MDH coordinates with recognized medical organizations such as the American College of Obstetrics and Gynecology (ACOG), the American Academy of Pediatrics (AAP) and the Maryland Association of Family Practitioners to promote access to Medicaid coverage. These organizations provide information to their providers through their professional meetings and news letters. The EPSDT programs upplies primary care physician's offices with outreach materials such as flyers and brochures to inform patients about Medicaid and the Maryland Children's Health Program.

### **Managed Care Organizations (MCOs)**

Through a variety of existing communication forums including biweekly information sharing meetings, MDH works closely with its HealthChoice MCOs to request assistance in the distribution of applications and information to its community networks.

## **Community Based Diagnostic and Treatment Centers**

Maryland has a number of community-based diagnostic and treatment centers such as the Diagnostic and Evaluation Service Centers for individuals with HIV/AIDS and Planned Parenthood offering women's health services, where the most current information on the Maryland Children's Health Program will be disseminated.

#### Community Based Providers

As discussed in Section II of this application, Maryland has a number of locally operated programs (e.g., Montgomery County Care For Kids Program) as well as community health centers that already serve the uninsured. These programs provide direct information to the families that they serve so that children who receive partial benefits under these programs can receive comprehensive medical coverage.

#### GENERAL OUTREACH

#### Public Information Campaign-Media Relations and Advertising

Maryland has conducted three grassroots public information dissemination campaigns intended to target those families of the working uninsured who might have children eligible for the Maryland Children's Health Program. Designed to complement the outreach activities described above, the Statewide media campaigns have been successful in reaching individuals and families who were not contacted through these other mechanisms or who may have been ineligible at the time they received the information and had a change in their financial situation.

# Mass Media

Prior to implementation of MCHP Premium, DHMH mounted an initial kick-off campaign to encourage media interest in MCHP Premium. The kick-off consisted of a combination of information dissemination activities, which included press releases, press conferences, and television and radio interviews of State officials. MDH also used public service announcements to inform potential program eligibles about the Maryland Children's Health Program, and radio ads, billboards, and mass transit posters.

**5.1.1.** (formerly 2.2.1.) The steps the State is currently taking to identify and enroll all uninsured children who are eligible to participate in public health insurance programs (i.e., Medicaid and state-only child health insurance):

Guidance: The State may address the coordination between the public-private
outreach and the public health programs that is occurring statewide. This
section will provide a historic record of the steps the State is taking to
identify and enroll all uninsured children from the time the State's plan
was initially approved. States do not have to rewrite his section but may

# instead update this section as appropriate.

Maryland uses a variety of methods to identify and enroll all eligible children in Maryland for Medicaid and the Children's Health Program. We have implemented a broad-based and diverse outreach program Some of our activities include:

- Brochures, flyers and posters;
- Radio and TV public service announcements;
- Outreach through primary care provider offices and pediatric specialty providers;
- Outreach and information and enrollment at the Local Health Departments and the Local Departments of Social Services;
- Direct mailings to individuals receiving unemployment checks;
- Outreach through schools, licensed child care providers, the Maryland Infants and Toddler's Program and Head Start;
- Outreach by established advocacy groups such as the Maryland Committee for Children and the Advocates for Children, Youth and Families; and
- Public presentations by members of the Department of Health and Mental Hygiene (DHMH) speakers bureau.
- Web-based materials provided to inform the public of new issues and requirements.

In addition, Maryland has taken the following actions to streamline the eligibility process:

- Adoption of a shortened, simplified application form (3 pages);
- Allowing applicants two new application options—applying by mail or face-to-face at local health departments (instead of the still-available alternative of applying at local departments of social services):
- Allowing self-declaration of income:
- Elimination of the mandatory face-to-face interview; and
- Establishing a "1-800" number for anyone who has questions or wants an application form.

As demonstrated by the higher than anticipated enrollment levels during MCHP Phase I, Maryland's outreach efforts have been quite successful. These efforts, as well as Maryland's plans for additional outreach consistent with the goals of MCHP Phase II, are discussed in detail in Section 5 of this application.

Mary land uses a combined application for Medicaid, MCHP and MCHP Premium. Applicants determined eligible to participate in Medicaid or MCHP who subsequently have a change in circumstances which qualifies them for the other program are reassigned without requirement for completion of another application and without any impact on their HealthChoice enrollment. MCHP

Premium applicants who become ineligible for MCHP Premium due to a reduction in income which would qualify them for Medicaid or MCHP must complete the brief application form to move from MCHP Premium into the appropriate program.

**5.1.2.** (formerly 2.2.2.) The steps the State is currently taking to identify and enroll all uninsured children who are eligible to participate in health insurance programs that involve a public-private partnership:

Guidance: The State should describe below how it's Title XXI program will closely coordinate the enrollment with Medicaid because under Title XXI, children identified as Medicaid-eligible are required to be enrolled in Medicaid. Specific information related to Medicaid screen and enroll procedures is requested in Section 4.4. (42CFR 457.80(c))

There are currently no public-private partnerships in Maryland that provide creditable health insurance coverage.

5.2. (formerly 2.3) Describe how CHIP coordinates with other public and private health insurance programs, other sources of health benefits coverage for children, other relevant child health programs, (such as title V), that provide health care services for low-income children to increase the number of children with creditable health coverage. Section 2102(a)(3) and 2102(c)(2) and 2102(b)(3)(E))(42CFR 457.80(c)). This itemrequires a brief overview of how Title XXI efforts — particularly new enrollment outreach efforts will be coordinated with and improve upon existing State efforts described in Section 5.2.

## Coordination with Other Public and Private Programs

• Children's Medical Services (CMS). The CMS program is the Title V Program in Maryland that has traditionally assisted families in planning and obtaining specialty medical and rehabilitative care. In order to receive services paid for by CMS, a child must first apply for Medicaid/MCHP and be determined ineligible. CMS mailed a letter to all children who received services through CMS and provided a copy of the short, 3-page MCHP application. CMS assisted with MCHP outreach by mailing letters and MCHP applications to children who had received CMS services. Many CMS clients became eligible for comprehensive coverage through MCHP once it was implemented. This caused the program to shift focus from providing direct and wrap around services to systems building activities. CMS has provided noncreditable coverage for both direct and wrap around specialty care services to eligible children with special health care needs through the purchase of direct care services through community providers, local health departments, and academic institutions through both fee-for-service reimbursement and grants. CMS provides services to uninsured, underinsured, and undocumented children. Services are provided directly through

hospital and community-based specialty care providers and local health department-based specialty clinics.

- WIC. WIC helps distribute MCHP applications and materials and helps potential applicants complete the application. Prior to the MCHP expansion, WIC participants were required to have a household income of less than or equal to 185 percent of the FPL. Concurrent with MCHP implementation, the WIC program increased its income eligibility threshold to 200 percent of FPL. Bes ides establishing financial eligibility, WIC recipients must have an identifiable nutritional risk factor and be pregnant, less than six months postpartum, breast-feeding an infant under age one, or under age five. WIC provides food packages, nutritional counseling, and linkage to other health and social services.
  - **5.2-EL** The State should include a description of its election of the Express Lane eligibility option to provide a simplified eligibility determination process and expedited enrollment of eligible children into Medicaid or CHIP.

#### 5.3 Strategies

Guidance:

Describe the procedures used by the State to accomplish outreach to families of children likely to be eligible for child health assistance or other public or private health coverage to inform them of the availability of the programs, and to assist them in enrolling their children in such a program: (Section 2102(c)(1)) (42CFR 457.90) The descriptions hould include information on how the State will inform the target of the availability of the programs, including American Indians and Alaska Natives, and assist them in enrolling in the appropriate program.

Outreach strategies may include, but are not limited to, community outreach workers, out stationed eligibility workers, translation and transportation services, as sistance with enrollment forms, case management and other targeting activities to inform families of low-income children of the availability of the health insurance programunder the plan or other private or public health coverage.

# Section 6. Coverage Requirements for Children's Health Insurance

X

Check here if the State elects to use funds provided under Title XXI only to provide expanded eligibility under the State's Medicaid plan and proceed to Section 7 since children covered under a Medicaid expansion program will receive all Medicaid covered services including EPSDT.

**6.1.** The State elects to provide the following forms of coverage to children: (Check all that apply.) (Section 2103(c)); (42CFR 457.410(a))

Guidance: Benchmark coverage is substantially equal to the benefits coverage in a benchmark benefit package (FEHBP-equivalent coverage, State employee

coverage, and/or the HMO coverage plan that has the largest insured commercial, non-Medicaid enrollment in the state). If box below is checked, either 6.1.1.1., 6.1.1.2., or 6.1.1.3. must also be checked. (Section 2103(a)(1))

<u>2103(a)(1))</u>	
<b>6.1.1.</b> □ Bench	nmark coverage; (Section 2103(a)(1) and 42 CFR 457.420)
<u>Guidance:</u>	Check box below if the benchmark benefit package to be offered by the State is the standard Blue Cross/Blue Shield preferred provider option service benefit plan, as described in and offered under Section 8903(1) of Title 5, United States Code. (Section 2103(b)(1) (42 CFR 457.420(b))
6.1.1.1.	FEHBP-equivalent coverage; (Section 2103(b)(1) (42 CFR 457.420(a)) (If checked, attach copy of the plan.)
<u>Guidance:</u>	Check boxbelow if the benchmark benefit package to be offered by the State is State employee coverage, meaning a coverage plan that is offered and generally available to State employees in the state. (Section 2103(b)(2))
6.1.1.2.	State employee coverage; (Section 2103(b)(2)) (If checked, identify the plan and attach a copy of the benefits description.)
<u>Guidance:</u>	Check box below if the benchmark benefit package to be offered by the State is offered by a health maintenance organization (as defined in Section 2791(b)(3) of the Public Health Services Act) and has the largest insured commercial, non-Medicaid enrollment of covered lives of such coverage plans offered by an HMO in the state. (Section 2103(b)(3) (42 CFR 457.420(c)))
6.1.1.3.	HMO with largest insured commercial enrollment (Section 2103(b)(3)) (If checked, identify the plan and attach a copy of the benefits description.)

Guidance: States choosing Benchmark-equivalent coverage must check the box below and ensure that the coverage meets the following requirements:

- the coverage includes benefits for items and services within each of the categories of basic services described in 42 CFR 457.430:
  - <u>dental services</u>
  - <u>inpatient and outpatient hospital s ervices</u>,
  - physicians' services,
  - surgical and medical services,

- <u>laboratory and x-ray services</u>,
- well-baby and well-child care, including age-appropriate immunizations, and
- emergency services;
- the coverage has an aggregate actuarial value that is at least actuarially
   equivalent to one of the benchmark benefit packages (FEHBP-equivalent
   coverage, State employee coverage, or coverage offered through an HMO
   coverage plan that has the largest insured commercial enrollment in the
   state); and
- the coverage has an actuarial value that is equal to at least 75 percent of the actuarial value of the additional categories in such package, if offered, as described in 42 CFR 457.430:
  - coverage of prescription drugs,
  - mental health services,
  - vision services and
  - hearing services.

If 6.1.2. is checked, a signed actuarial memorandum must be attached. The actuary who prepares the opinion must select and specify the standardized set and population to be used under paragraphs (b)(3) and (b)(4) of 42 CFR 457.431. The State must provide sufficient detail to explain the basis of the methodologies used to estimate the actuarial value or, if requested by CMS, to replicate the State results.

The actuarial report must be prepared by an individual who is a member of the American Academy of Actuaries. This report must be prepared in accordance with the principles and standards of the American Academy of Actuaries. In preparing the report, the actuary must use generally accepted actuarial principles and methodologies, use a standardized set of utilization and price factors, use a standardized population that is representative of privately insured children of the age of children who are expected to be covered under the State child health plan, apply the same principles and factors in comparing the value of different coverage (or categories of services), without taking into account any differences in coverage based on the method of delivery or means of cost control or utilization used, and take into account the ability of a State to reduce benefits by taking into account the increase in actuarial value of benefits coverage offered under the State child health plan that results from the limitations on cost sharing under such coverage. (Section 2103(a)(2))

6.1.2. Benchmark-equivalent coverage; (Section 2103(a)(2) and 42 CFR 457.430) Specify the coverage, including the amount, scope and duration of each service, as well as any exclusions or limitations. Attach a signed

actuarial report that meets the requirements specified in 42 CFR 457.431.

~	. ~	
Guidance:		oved under the provision below, may modify its program
		time so long as it continues to provide coverage at least equal
		of the actuarial value of the coverage under the program as of
		07, or one of the benchmark programs. If "existing ve state-based coverage" is modified, an actuarial opinion
		that the actuarial value of the modification is greater than the
		ugust 5, 1997, or one of the benchmark plans must be
		o, the fiscal year 1996 State expenditures for "existing
		ve state-based coverage" must be described in the space
		all states. (Section 2103(a)(3))
<b>6.1.3.</b> □	Existing Com	prehensive State-Based Coverage; (Section 2103(a)(3) and
	42 CFR 457.4	140) This option is only applicable to New York, Florida,
	and Pennsylv	vania. Attach a description of the benefits package,
	admin is tratio	n, and date of enactment. If existing comprehensive
		overage is modified, provide an actuarial opinion
		that the actuarial value of the modification is greater than the
		5/97 or one of the benchmark plans. Describe the fis cal year
	1996 State ex	penditures for existing comprehensive state-based coverage.
Guidance:	Sacratary and	proved coverage refers to any other health benefits coverage
Outdance.		opriate and acceptable by the Secretary upon application by a
		n 2103(a)(4)) (42 CFR 457.250)
	state. (Beetlo)	112105(u)(1)) (12 CFR 137.230)
<b>6.1.4.</b> □	Secretary-approved Coverage. (Section 2103(a)(4)) (42 CFR 457.450)	
	6.1.4.1.	Coverage the same as Medicaid State plan
	6.1.4.2. <b></b>	Comprehensive coverage for children under a Medicaid
	_	Section 1115 demonstration waiver
	<b>6.1.4.3.</b> □	Coverage that either includes the full EPSDT benefit or that
		the State has extended to the entire Medicaid population
	Guidance:	Check below if the coverage offered includes benchmark
	Guidance.	coverage, as specified in 457.420, plus additional
		coverage. Under this option, the State must clearly
		demonstrate that the coverage it provides includes the same
		coverage as the benchmark package, and also describes the
		services that are being added to the benchmark package.
	<b>6.1.4.4</b> . □	Coverage that includes benchmark coverage plus additional
	6.1.4.5.	coverage
	0.1.4.5. □	Coverage that is the same as defined by existing

comprehensive state-based coverage applicable only New York, Pennsylvania, or Florida (under □457.440)

Guidance:

Check below if the State is purchasing coverage through a group health plan, and intends to demonstrate that the group health plan is substantially equivalent to or greater than to coverage under one of the benchmark plans specified in \$\square\$ 457.420, through use of a benefit-by-benefit comparison of the coverage. Provide a sample of the comparison format that will be used. Under this option, if coverage for any benefit does not meet or exceed the coverage for that benefit under the benchmark, the State must provide an actuarial analysis as described in \$\square\$ 457.431 to determine actuarial equivalence.

6.1.4.6. Coverage under a group health plan that is substantially equivalent to or greater than benchmark coverage through a benefit by benefit comparison (Provide a sample of how the comparison will be done)

Guidance:

Check below if the State elects to provide a source of coverage that is not described above. Describe the coverage that will be offered, including any benefit limitations or exclusions.

**6.1.4.7.** □ Other (Describe)

Guidance: All forms of coverage that the State elects to provide to children in its plan must be checked. The State should also describe the scope, amount and duration of services covered under its plan, as well as any exclusions or limitations. States that choose to cover unborn children under the State plan should include a separate section 6.2 that specifies benefits for the unborn child population.

(Section 2110(a)) (42CFR, 457.490)

If the state elects to cover the new option of targeted low income pregnant women, but chooses to provide a different benefit package for these pregnant women under the CHIP plan, the state must include a separate section 6.2 describing the benefit package for pregnant women. (Section 2112)

**6.2.** The State elects to provide the following forms of coverage to children: (Check all that apply. If an item is checked, describe the coverage with respect to the amount, duration and scope of services covered, as well as any exclusions or limitations) (Section 2110(a)) (42CFR 457.490)

6.2.1.	Inpatient services (Section 2110(a)(1))
6.2.2.	Outpatient services (Section 2110(a)(2))
6.2.3.	Physician services (Section 2110(a)(3))
6.2.4.	Surgical services (Section 2110(a)(4))
<b>6.2.5.</b> □	Clinic services (including health center services) and other ambulatory
<b></b>	health care services. (Section 2110(a)(5))
6.2.6.	Prescription drugs (Section 2110(a)(6))
6.2.7.	Over-the-counter medications (Section 2110(a)(7))
6.2.8.	Laboratory and radiological services (Section 2110(a)(8))
6.2.9.	Prenatal care and pre-pregnancy family services and supplies (Section 2110(a)(9))
<b>6.2.10.</b> □	Inpatient mental health services, other than services described in 6.2.18.,
	but including services furnished in a state-operated mental hospital and
	including residential or other 24-hour therapeutically planned structural
	services (Section 2110(a)(10))
<b>6.2.11.</b> □	Outpatient mental health services, other than services described in 6.2.19,
	but including services furnished in a state-operated mental hospital and
	including community-based services (Section 2110(a)(11)
<b>6.2.12.</b> □	Durable medical equipment and other medically-related or remedial
	devices (such as prosthetic devices, implants, eyeglasses, hearing aids,
	dental devices, and adaptive devices) (Section 2110(a)(12))
<b>6.2.13.</b> □	Disposable medical supplies (Section 2110(a)(13))
Guidance:	Home and community based services may include supportive services
	such as home health nursing services, home health aide services, personal
	care, assistance with activities of daily living, chore services, day care
	services, respite care services, training for family members, and minor
	modifications to the home.
( <b>2 1 4</b> $\square$	II 1 2 1 11 14 2 (0 1 4 4 2 )
<b>6.2.14.</b> □	Home and community-based health care services (See instructions)
	(Section 2110(a)(14))
Guidance:	Nursing services may include nurse practitioner services, nurse midwife
Guidance.	services, advanced practice nurse services, private duty nursing care,
	pediatric nurse services, and respiratory care services in a home, school or
	other setting.
	other setting.
6.2.15.	Nursing care services (Section 2110(a)(15))
6.2.16.	Abortion only if necessary to save the life of the mother or if the
0.2.10.	pregnancy is the result of an act of rape or incest (Section 2110(a)(16)
6.2.17.	Dental services (Section 2110(a)(17)) States updating their dental benefits
V-2-1.	must complete 6.2-DC (CHIPRA #7, SHO ##09-012 is sued October 7,
	2009)
6.2.18.	Inpatient substance abuse treatment services and residential substance
J.2.10.	66

6.2.19. ☐ 6.2.20. ☐ 6.2.21. ☐ 6.2.22. ☐ 6.2.23. ☐	abuse treatment services (Section 2110(a)(18)) Outpatient substance abuse treatment services (Section 2110(a)(19)) Case management services (Section 2110(a)(20)) Care coordination services (Section 2110(a)(21)) Physical therapy, occupational therapy, and services for individuals with speech, hearing, and language disorders (Section 2110(a)(22)) Hospice care (Section 2110(a)(23))
Guidance:	Any other medical, diagnostic, screening, preventive, restorative, remedial, therapeutic or rehabilitative service may be provided, whether in a facility, home, school, or other setting, if recognized by State law and only if the service is: 1) prescribed by or furnished by a physician or other licensed or registered practitioner within the scope of practice as prescribed by State law; 2) performed under the general supervision or at the direction of a physician; or 3) furnished by a health care facility that is operated by a State or local government or is licensed under State law and operating within the scope of the license.
6.2.24. □ 6.2.25. □ 6.2.26. □	Any other medical, diagnostic, screening, preventive, restorative, remedial, therapeutic, or rehabilitative services. (See instructions) (Section 2110(a)(24))  Premiums for private health care insurance coverage (Section 2110(a)(25))  Medical transportation (Section 2110(a)(26))
Guidance:	Enabling services, such as transportation, translation, and outreach services, may be offered only if designed to increase the accessibility of primary and preventive health care services for eligible low-income individuals.
6.2.27. □ 6.2.28. □	Enabling services (such as transportation, translation, and outreach services (See instructions) (Section 2110(a)(27))  Any other health care services or items specified by the Secretary and not included under this Section (Section 2110(a)(28))

**6.2-DC Dental Cowerage** (CHIPRA # 7, SHO # #09-012 is sued October 7, 2009) The State will provide dental coverage to children through one of the following. Please update Sections 9.10 and 10.3-DC when electing this option. Dental services provided to children eligible for dental-only supplemental services must receive the same dental services as provided to otherwise eligible CHIP children (Section 2103(a)(5)):

6.2	<b>.1-DC</b> ☐ State Specific Dental Benefit Package. The State assures dental services
	resented by the following categories of common dental terminology (CDT <sup>19</sup> ) codes
	included in the dental benefits:
	Diagnostic (i.e., clinical exams, x-rays) (CDT codes: D0100-D0999) (must follow
	periodicity schedule)
	Preventive (i.e., dental prophylaxis, topical fluoride treatments, sealants) (CDT codes:
	D1000-D1999) (must follow periodicity schedule)
	Restorative (i.e., fillings, crowns) (CDT codes: D2000-D2999)
	Endodontic (i.e., root canals) (CDT codes: D3000-D3999)
	Periodontic (treatment of gum disease) (CDT codes: D4000-D4999)
	Prosthodontic (dentures) (CDT codes: D5000-D5899, D5900-D5999, and D6200-D6999)
	Oral and Maxillofacial Surgery (i.e., extractions of teeth and other oral surgical procedures) (CDT codes: D7000-D7999)
	Orthodontics (i.e., braces) (CDT codes: D8000-D8999)
	Emergency Dental Services
	<i>c</i> ,
	<b>6.2.1.1-DC</b> Periodicity Schedule. The State has adopted the following periodicity
	schedule:
	State-developed Medicaid-specific
	American Academy of Pediatric Dentistry
	Other Nationally recognized periodicity schedule
	Other (description attached)
	<b>.2-DC</b> ■ Benchmark coverage; (Section 2103(c)(5), 42 CFR 457.410, and 42 CFR
457.420)	
	<b>6.2.2.1-DC</b> FEHBP-equivalent coverage; (Section 2103(c)(5)(C)(i)) (If checked,
	attach copy of the dental supplemental plan benefits description and the applicable
	CDT <sup>20</sup> codes. If the State chooses to provide supplemental services, also attach a
	description of the services and applicable CDT codes)
	(2.2.2 DC
	6.2.2.2-DC State employee coverage; (Section 2103(c)(5)(C)(ii)) (If checked,
	identify the plan and attach a copy of the benefits description and the applicable
	CDT codes. If the State chooses to provide supplemental services, also attach a description of the services and applicable CDT codes)Page - 11 – State Health
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	21 de s u	.03(c)(s escripti	DC HMO with largest insured commercial enrollment (Section 5)(C)(iii)) (If checked, identify the plan and attach a copy of the benefits on and the applicable CDT codes. If the State chooses to provide ental services, also attach a description of the services and applicable CDT
6.2-DS	[		<b>Supplemental Dental Coverage-</b> The State will provide dental coverage to children eligible for dental-only supplemental services. Children eligible for this option must receive the same dental services as provided to otherwise eligible CHIP children (Section 2103(a)(5). Please update Sections 1.1-DS, 4.1-DS, 4.2-DS, and 9.10 when electing this option.
Guidanc	9	excepti	Title XXI, pre-existing condition exclusions are not allowed, with the only ion being in relation to another law in existence (HIPA A/ERISA). Indicate e plan adheres to this requirement by checking the applicable description.
	<u>]</u> <u>}</u> 1	health waiver permitt or prov	event that the State provides benefits through a group health plan or group coverage, or provides family coverage through a group health plan under a (see Section 6.4.2.), pre-existing condition limits are allowed to the extent ted by HIPA A/ERISA. If the State is contracting with a group health plan vides benefits through group health coverage, describe briefly any ons on pre-existing conditions. Previously 8.6
	The State assures that, with respect to pre-existing medical conditions, one of the following two statements applies to its plan: (42CFR 457.480)		
	3.3.1. □ 3.3.2. □		The State shall not permit the imposition of any pre-existing medical condition exclusion for covered services (Section 2102(b)(1)(B)(ii)); OR The State contracts with a group health plan or group health insurance coverage, or contracts with a group health plan to provide family coverage under a waiver (see Section 6.6.2. (formerly 6.4.2) of the template). Pre-existing medical conditions are permitted to the extent allowed by HIPAA/ERISA (Section 2103(f)). Describe: Previously 8.6
Guidanc	(	covera	may request two additional purchase options in Title XXI: cost effective ge through a community-based health delivery system and for the purchase ly coverage. (Section 2105(c)(2) and (3)) (457.1005 and 457.1010)
tl a	hrough ppropi	n cost e riate op	frechase Options- If the State wishes to provide services under the plan ffective alternatives or the purchase of family coverage, it must request the ption. To be approved, the State must address the following: (Section 1 (3)) (42 CFR 457.1005 and 457.1010)
6	.4.1.		Cost Effective Coverage-Payment may be made to a State in excess

of the 10% limitation on use of funds for payments for: 1) other child health assistance for targeted low-income children; 2) expenditures for health services initiatives under the plan for improving the health of children (including targeted low-income children and other low-income children); 3) expenditures for outreach activities as provided in Section 2102(c)(1) under the plan; and 4) other reasonable costs incurred by the State to administer the plan, if it demonstrates the following (42CFR 457.1005(a)):

- 6.4.1.1. Coverage provided to targeted low-income children through such expenditures must meet the coverage requirements above;

  Describe the coverage provided by the alternative delivery system. The State may cross reference Section 6.2.1 6.2.28. (Section 2105(c)(2)(B)(i)) (42CFR 457.1005(b))
- 6.4.1.2. The cost of such coverage must not be greater, on an average per child basis, than the cost of coverage that would otherwise be provided for the coverage described above; Describe the cost of such coverage on an average per child basis. (Section 2105(c)(2)(B)(ii)) (42CFR 457.1005(b))

Guidance: Check below if the State is requesting to provide cost-effective coverage through a community-based health delivery system. This allows the State to waive the 10% limitation on expenditures not used for Medicaid or health insurance assistance if coverage provided to targeted low-income children through such expenditures meets the requirements of Section 2103; the cost of such coverage is not greater, on an average per child basis, than the cost of coverage that would otherwise be provided under Section 2103; and such coverage is provided through the use of a community-based health delivery system, such as through contracts with health centers receiving funds under Section 330 of the Public Health Services Act or with hospitals such as those that receive disproportionate share payment adjustments under Section 1886(c)(5)(F) or 1923.

If the cost-effective alternative waiver is requested, the State must demonstrate that payments in excess of the 10% limitation will be used for other child health assistance for targeted low-income children; expenditures for health services initiatives under the plan for improving the health of children (including targeted low-income children and other low-income children); expenditures for outreach activities as provided in Section 2102(c)(1) under the plan; and other reasonable costs incurred by the State to administer

# the plan. (42CFR, 457.1005(a))

6.4.1.3. The coverage must be provided through the use of a community based health delivery system, such as through contracts with health centers receiving funds under Section 330 of the Public Health Service Act or with hospitals such as those that receive disproportionate share payment adjustments under Section 1886(c)(5)(F) or 1923 of the Social Security Act. Describe the community-based delivery system. (Section 2105(c)(2)(B)(iii)) (42CFR 457.1005(a))

Guidance: Check 6.6.2.if the State is requesting to purchase family coverage. Any

State requesting to purchase such coverage will need to include information that establishes to the Secretary's satisfaction that: 1) when compared to the amount of money that would have been paid to cover only the children involved with a comparable package, the purchase of family coverage is cost effective; and 2) the purchase of family coverage is not a substitution for coverage already being provided to the child.

(Section 2105(c)(3)) (42CFR, 457.1010)

- **Purchase of Family Coverage** Describe the plan to purchase family coverage. Payment may be made to a State for the purpose of family coverage under a group health plan or health insurance coverage that includes coverage of targeted low-income children, if it demonstrates the following: (Section 2105(c)(3)) (42CFR 457.1010)
  - Purchase of family coverage is cost-effective. The State's cost of purchasing family coverage, including administrative expenditures, that includes coverage for the targeted low-income children involved or the family involved (as applicable) under premium as sistance programs must not be greater than the cost of obtaining coverage under the State plan for all eligible targeted low-income children or families involved; and (2) The State may base its demonstration of cost effectiveness on an assessment of the cost of coverage, including administrative costs, for children or families under premium as sistance programs to the cost of other CHIP coverage for these children or families, done on a case-by-case basis, or on the cost of premium assisted coverage in the aggregate.
  - 6.4.2.2. The State assures that the family coverage would not otherwise substitute for health insurance coverage that would be provided to such children but for the purchase of family coverage. (Section 2105(c)(3)(B)) (42CFR 457.1010(b))

6.4.2.3. The State assures that the coverage for the family otherwise meets title XXI requirements. (42CFR 457.1010(c))

**6.4.3-PA:** Additional State Options for Providing Premium Assistance (CHIPRA # 13, SHO # 10-002 is sued February, 2, 2010)A State may elect to offer a premium as sistance subsidy for qualified employer-sponsored coverage, as defined in Section 2105(c)(10)(B), to all targeted low-income children who are eligible for child health as sistance under the plan and have access to such coverage. No subsidy shall be provided to a targeted low-income child (or the child's parent) unless the child voluntarily elects to receive such a subsidy. (Section 2105(c)(10)(A)). Please remember to update section 9.10 when electing this option. Does the State provide this option to targeted low-income children?

☐ Yes ☐ No

- **6.4.3.1-PA** Qualified Employer-Sponsored Coverage and Premium Assistance Subsidy
  - **6.4.3.1.1-PA** Provide an assurance that the qualified employer-sponsored insurance meets the definition of qualified employer-sponsored coverage as defined in Section 2105(c)(10)(B), and that the premium as sistance subsidy meets the definition of premium as sistance subsidy as defined in 2105(c)(10)(C).
  - **6.4.3.1.2-PA** Describe whether the State is providing the premium as sistance subsidy as reimbursement to an employee or for out-of-pocket expenditures or directly to the employee's employer.
- **6.4.3.2-PA:** Supplemental Coverage for Benefits and Cost Sharing Protections Provided under the Child Health Plan.
  - **6.4.3.2.1-PA** If the State is providing premium assistance for qualified employer-sponsored coverage, as defined in Section 2105(c)(10)(E)(i), provide an assurance that the State is providing for each targeted low-income child enrolled in such coverage, supplemental coverage consisting of all items or services that are not covered or are only partially covered, under the qualified employer-sponsored coverage consistent with 2103(a) and cost sharing protections consistent with Section 2103(e).
  - **6.4.3.2.2-PA** Describe whether these benefits are being provided through the employer or by the State providing wraparound benefits.
  - **6.4.3.2.3-PA** If the State is providing premium assistance for benchmark or benchmark-equivalent coverage, the State ensures that such group health plans or health insurance coverage offered through an employer will be certified by an actuary as coverage that is equivalent to a benchmark benefit package described in Section 2103(b) or benchmark equivalent coverage that meets the requirements of Section 2103(a)(2).

**6.4.3.3-PA:** Application of Waiting Period Imposed Under State Plan: States are required to apply the same waiting period to premium as sistance as is applied to direct coverage for children under their CHIP State plan, as specified in Section 2105(c)(10)(F).

**6.4.3.3.1-PA** Provide an assurance that the waiting period for children in premium assistance is the same as for those children in direct coverage (if State has a waiting period in place for children in direct CHIP coverage).

6.4.3.4-PA: Opt-Out and Outreach, Education, and Enrollment Assistance
6.4.3.4.1-PA Describe the State's process for ensuring parents are permitted to disenroll their child from qualified employer-sponsored coverage and to enroll in CHIP effective on the first day of any month for which the child is eligible for such assistance and in a manner that ensures continuity of coverage for the child (Section 2105(c)(10)(G)).
6.4.3.4.2-PA Describe the State's outreach, education, and enrollment efforts related to premium assistance programs, as required under Section 2102(c)(3). How does the State inform families of the availability of premium assistance, and assist them in obtaining such subsidies? What are the specific significant resources the State intends to apply to educate employers about the availability of premium as sistance subsidies under the State child health plan? (Section 2102(c))

premiun subsidy	PA: Purchasing Pool- A State may establish an employer-family a assistance purchasing pool and may provide a premium assistance for enrollment in coverage made available through this pool (Section (10)(I)). Does the State provide this option?  Yes No
1	6.6.3.5.1-PA Describe the plan to establish an employer-family premium as sistance purchasing pool. 6.6.3.5.2-PA Provide an assurance that employers who are eligible to participate: 1) have less than 250 employees; 2) have at least one employee who is a pregnant woman eligible for CHIP or a member of a family that has at least one child eligible under the State's CHIP plan. 6.6.3.5.3-PA Provide an assurance that the State will not claim for any administrative expenditures attributable to the establishment or operation of such a pool except to the extent such payment would otherwise be permitted under this title.

**6.4.3.6-PA Notice of Availability of Premium Assistance**- Describe the procedures that assure that if a State provides premium as sistance subsidies under this Section, it must: 1) provide as part of the application and enrollment process, information describing the availability of premium as sistance and how to elect to

obtain a subsidy; and 2) establish other procedures to ensure that parents are fully informed of the choices for child health assistance or through the receipt of premium assistance subsidies (Section 2105(c)(10)(K)).

**6.4.3.6.1-PA** Provide an assurance that the State includes information about premium as sistance on the CHIP application or enrollment form.

# Section 7. Quality and Appropriateness of Care

Guidance: Methods for Evaluating and Monitoring Quality-Methods to assure quality include

the application of performance measures, quality standards consumer information strategies, and other quality improvement strategies.

Performance measurement strategies could include using measurements for external reporting either to the State or to consumers and for internal quality improvement purposes. They could be based on existing measurement sets that have undergone rigorous evaluation for their appropriateness (e.g., HEDIS). They may include the use of standardized member satisfaction surveys (e.g., CAHPS) to assess members' experience of care along key dimensions such as access, satisfaction, and system performance.

Quality standards are often used to assure the presence of structural and process measures that promote quality and could include such approaches as: the use of external and periodic review of health plans by groups such as the National Committee for Quality Assurance; the establishment of standards related to consumer protection and quality such as those developed by the National Association of Insurance Commissioners; and the formation of an advisory group to the State or plan to facilitate consumer and community participation in the plan.

Information strategies could include: the disclosure of information to beneficiaries about their benefits under the plan and their rights and responsibilities; the provision of comparative information to consumers on the performance of available health plans and providers; and consumer education strategies on how to access and effectively use health insurance coverage to maximize quality of care.

Quality improvement strategies should include the establishment of quantified quality improvement goals for the plan or the State and provider education. Other strategies include specific purchasing specifications, ongoing contract monitoring mechanisms, focus groups, etc.

Where States use managed care organizations to deliver CHIP care, recent legal changes require the State to use managed care quality standards and quality strategies similar to those used in Medicaid managed care.

Tools for Evaluating and Monitoring Quality-Tools and types of information available include, HEDIS (Health Employer Data Information Set) measures, CAHPS (Consumer Assessments of Health Plans Study) measures, vital statistics data, and State health registries (e.g., immunization registries).

Quality monitoring may be done by external quality review organizations, or, if the State wishes, internally by a State board or agency independent of the State CHIP Agency. Establishing grievance measures is also an important aspect of monitoring.

- X Check here if the State elects to use funds provided under Title XXI only to provide expanded eligibility under the State's Medicaid plan, and continue on to Section 8.
  - **7.1.** Describe the methods (including external and internal monitoring) used to assure the quality and appropriateness of care, particularly with respect to well-baby care, well-child care, and immunizations provided under the plan. (Section 2102(a)(7)(A)) (42CFR 457.495(a)) Will the State utilize any of the following tools to assure quality? (Check all that apply and describe the activities for any categories utilized.)

7.1.1. ∐ 7.1.2. □	Quality standards  Performance measurement  7.1.2 (a) □ CHIPRA Quality Core Set  7.1.2 (b) □ Other
7.1.3. □ 7.1.4. □	Information strategies Quality improvement strategies

Guidance: Provide a brief description of methods to be used to assure access to covered services, including a description of how the State will assure the quality and appropriateness of the care provided. The State should consider whether there are sufficient providers of care for the newly enrolled populations and whether there is reasonable access to care. (Section 2102(a)(7)(B))

- **7.2.** Describe the methods used, including monitoring, to assure: (Section 2102(a)(7)(B)) (42CFR 457.495)
  - **7.2.1** Access to well-baby care, well-child care, well-adolescent care and childhood and adolescent immunizations. (Section 2102(a)(7)) (42CFR 457.495(a))
  - **7.2.2** Access to covered services, including emergency services as defined in 42 CFR 457.10. (Section 2102(a)(7)) 42CFR 457.495(b))
  - **7.2.3** Appropriate and timely procedures to monitor and treat enrollees with chronic,

complex, or serious medical conditions, including access to an adequate number of visits to specialists experienced in treating the specific medical condition and access to out-of-network providers when the network is not adequate for the enrollee's medical condition. (Section 2102(a)(7)) (42CFR 457.495(c))

7.2.4 Decisions related to the prior authorization of health services are completed in accordance with State law or, in accordance with the medical needs of the patient, within 14 days after the receipt of a request for services. (Section 2102(a)(7)) (42CFR 457.495(d)) Exigent medical circumstances may require more rapid response according to the medical needs of the patient.

# Section 8. Cost-Sharing and Payment

- X Check here if the State elects to use funds provided under Title XXI only to provide expanded eligibility under the State's Medicaid plan, and continue on to Section 9.
- **8.1.** Is cost-sharing imposed on any of the children covered under the plan? (42CFR 457.505) Indicate if this also applies for pregnant women. (CHIPRA #2, SHO # 09-006, is sued May 11, 2009)

8.1.1. 8.1.2.	Yes No, skip to question 8.8.
8.1.1-PW 8.1.2-PW	Yes No. skip to question 8.8.

Guidance: It is important to note that for families below 150% of poverty, the same limitations on cost sharing that are under the Medicaid program apply. (These cost-sharing limitations have been set forth in Section 1916 of the Social Security Act, as implemented by regulations at 42 CFR 447.50-.59). For families with incomes of 150% of poverty and above, cost sharing for all children in the family cannot exceed 5% of a family's income per year. Include a statement that no cost sharing will be charged for pregnancy-related services. (CHIPRA #2, SHO # 09-006, is sued May 11, 2009) (Section 2103(e)(1)(A)) (42CFR 457.505(a), 457.510(b) &(c), 457.515(a)&(c))

- **8.2.** Describe the amount of cost-sharing, any sliding scale based on income, the group or groups of enrollees that may be subject to the charge by age and income (if applicable) and the service for which the charge is imposed or time period for the charge, as appropriate. (Section 2103(e)(1)(A)) (42CFR 457.505(a), 457.510(b) &(c), 457.515(a)&(c))
  - **8.2.1.** Premiums:

	8.2.4. Other: None
8.2-D	Supplemental Dental (CHIPRA #7, SHO ##09-012 is sued October 7, 2009)For children enrolled in the dental-only supplemental coverage, describe the amount of cost-sharing, specifying any sliding scale based on income. Also describe how the State will track that the cost sharing does not exceed 5 percent of gross family income. The 5 percent of income calculation shall include all cost-sharing for health insurance and dental insurance (Section 2103(e)(1)(A)) (42 CFR 457.505(a), 457.510(b), and (c), 457.515(a) and (c), and 457.560(a)) Please update Sections 1.1-DS, 4.1-DS, 4.2-DS, 6.2-DS, and 9.10 when electing this option.  8.2.1-DS Premiums: 8.2.2-DS Deductibles: 8.2.3-DS Coinsurance or copayments: 8.2.4-DS Other:
8.3	Describe how the public will be notified, including the public schedule, of this cost sharing (including the cumulative maximum) and changes to these amounts and any differences based on income. (Section 2103(e)((1)(A)) (42CFR 457.505(b))
Guida	ce: The State should be able to demonstrate upon request its rationale and justification regarding these assurances. This section also addresses limitations on payments for certain expenditures and requirements for maintenance of effort.
8.4	The State assures that it has made the following findings with respect to the cost sharing in its plan: (Section 2103(e))  8.4.1. Cost-sharing does not favor children from higher income families over lower income families. (Section 2103(e)(1)(B)) (42CFR 457.530)  8.4.2. No cost-sharing applies to well-baby and well-child care, including age-appropriate immunizations. (Section 2103(e)(2)) (42CFR 457.520)

**8.2.2.** Deductibles: None

8.5 Describe how the State will ensure that the annual aggregate cost-sharing for a family does not exceed 5 percent of such family's income for the length of the child's eligibility period in the State. Include a description of the procedures that do not primarily rely on a refund given by the State for overpayment by an enrollee: (Section 2103(e)(3)(B))

No additional cost-sharing applies to the costs of emergency medical services delivered outside the network. (Section 2103(e)(1)(A)) (42CFR

457.515(f))

- 8.6 Describe the procedures the State will use to ensure American Indian (as defined by the Indian Health Care Improvement Act of 1976) and Alaska Native children will be excluded from cost-sharing. (Section 2103(b)(3)(D)) (42CFR 457.535)
- 8.7 Provide a description of the consequences for an enrollee or applicant who does not pay a charge. (42CFR 457.570 and 457.505(c))
- Guidance: Section 8.8.1 is based on Section 2101(a) of the Act provides that the purpose of title XXI is to provide funds to States to enable them to initiate and expand the provision of child health assistance to uninsured, low-income children in an effective and efficient manner that is coordinated with other sources of health benefits coverage for children.
  - **8.7.1** Provide an assurance that the following disenrollment protections are being applied:

Guidance:	Provide a description below of the State's premium grace period process and how the State notifies families of their rights and responsibilities with respect to payment of premiums. (42CFR 457.570(a))
	State has established a process that gives enrollees reasonable notice of and an opportunity to pay past due premiums, copayments, coinsurance, deductibles or similar fees prior to disenrollment.
	The disenrollment process affords the enrollee an opportunity to show that the enrollee's family income has declined prior to disenrollment for non-payment of cost-sharing charges. (42CFR 457.570(b))
	In the instance mentioned above, that the State will facilitate enrolling the child in Medicaid or adjust the child's cost-sharing category as appropriate. (42CFR 457.570(b))
	The State provides the enrollee with an opportunity for an impartial review to address disenrollment from the program. (42CFR 457.570(c))

- **8.8.** The State assures that it has made the following findings with respect to the payment as pects of its plan: (Section 2103(e))
  - **8.8.1.** No Federal funds will be used toward State matching requirements. (Section 2105(c)(4)) (42CFR 457.220)
  - **8.8.2.** No cost-sharing (including premiums, deductibles, copayments,

	coinsurance and all other types) will be used toward State matching
	requirements. (Section 2105(c)(5) (42CFR 457.224) (Previously 8.4.5)
8.8.3.	No funds under this title will be used for coverage if a private insurer
	would have been obligated to provide such assistance except for a
	provision limiting this obligation because the child is eligible under the
	this title. (Section 2105(c)(6)(A)) (42CFR 457.626(a)(1))
8.8.4.	Income and resource standards and methodologies for determining
	Medicaid eligibility are not more restrictive than those applied as of June
	1, 1997. (Section 2105(d)(1)) (42CFR 457.622(b)(5))
<b>8.8.5.</b> □	No funds provided under this title or coverage funded by this title will
	include coverage of abortion except if necessary to save the life of the
	mother or if the pregnancy is the result of an act of rape or incest. (Section
	2105)(c)(7)(B)) (42CFR 457.475)
<b>8.8.6.</b> □	No funds provided under this title will be used to pay for any abortion or
	to assist in the purchase, in whole or in part, for coverage that includes
	abortion (except as described above). (Section 2105)(c)(7)(A)) (42CFR
	457.475)

#### Section 9. Strategic Objectives and Performance Goals and Plan Administration

Guidance: States should consider aligning its strategic objectives with those discussed in Section II of the CHIP Annual Report.

**9.1.** Describe strategic objectives for increasing the extent of creditable health coverage among targeted low-income children and other low-income children: (Section 2107(a)(2)) (42CFR 457.710(b))

MCHP Premium features four complementary objectives for increasing the number of low and moderate income children with creditable health insurance. Those objectives are:

- Develop and implement a multi-faceted *outreach strategy* that targets the eligible population for the program, including low and moderate income families.
- Reduce the percentage of uninsured children in Maryland.
- Increase access to health care services for enrollees in low and moderate income populations.
- Increase the use of appropriate preventive services by enrollees.
- **9.2.** Specify one or more performance goals for each strategic objective identified: (Section 2107(a)(3)) (42CFR 457.710(c))

Maryland measures outreach efforts by:

- The number of Medicaid-eligibles enrolled in the Maryland Children's Health Program as compared to projections; and
- Reduction in the percentage non-covered children.

M ary land will increase access to health care services for low-income p opulations as measured by:

- Increase in provider network capacity in areas where capacity is lowest;
- Increase in the number of primary care and dental providers participating in HealthChoice;
- Increase in the number of enrollees who indicate that they have improved access to the health care delivery system through satisfaction survey reports; and
- Increase in the number of participating specialty health care resources.

#### **MCHP Premium**

Maryland uses the following performance goals to evaluate its success in meeting each of its strategic objectives.

- Provide appropriate preventive care to enrollees.
- Reduce the percentage of uninsured children under 300 percent FPL.
- Meet or exceed the number of MCHP Premium enrollees as compared to projections.
- Increase in the number of enrollees who indicate that they have improved access to
  the health care delivery system. This will be measured through satisfaction survey
  reports.
- Increase in the number of enrollees who indicate that they are satisfied with specialty care resources.
- 9.3. Describe how performance under the plan will be measured through objective, independently verifiable means and compared against performance goals in order to determine the State's performance, taking into account suggested performance indicators as specified below or other indicators the State develops: (Section 2107(a)(4)(A),(B)) (42CFR 457.710(d))

 $Check the applicable suggested performance \, measurements \, listed \, below \, that \, the \, State \, plans \, to \, applicable \, suggested \, performance \, measurements \, listed \, below \, that \, the \, State \, plans \, to \, applicable \, suggested \, performance \, measurements \, listed \, below \, that \, the \, State \, plans \, to \, applicable \, suggested \, performance \, measurements \, listed \, below \, that \, the \, State \, plans \, to \, applicable \, suggested \, performance \, measurements \, listed \, below \, that \, the \, State \, plans \, to \, applicable \, suggested \, performance \, measurements \, listed \, below \, that \, the \, State \, plans \, to \, applicable \, suggested \, performance \, measurements \, listed \, below \, that \, the \, State \, plans \, to \, applicable \, suggested \, performance \, measurements \, listed \, below \, that \, the \, State \, plans \, to \, applicable \, suggested \, performance \, measurements \, listed \, below \, that \, the \, State \, plans \, to \, applicable \, suggested \, performance \, measurements \, listed \, below \, that \, applicable \, suggested \, performance \, plans \,$ 

use: (Section 2107(a)(4)) 9.3.1. X The increase in the percentage of Medicaid-eligible children enrolled in Medicaid. 9.3.2. X The reduction in the percentage of uninsured children. 9.3.3.X The increase in the percentage of children with a usual source of care. 9.3.4. X The extent to which outcome measures show progress on one or more of the health problems identified by the state. 9.3.5. X HEDIS Measurement Set relevant to children and adolescents younger than 19. 9.3.6. X Other child appropriate measurement set. List or describe the set used. 9.3.7. If not utilizing the entire HEDIS Measurement Set, specify which measures will be collected, such as: 9.3.7.1. **Immunizations** 9.3.7.2. X Wellchildcare 9.3.7.3. Adolescent well visits 9.3.7.4. X Satisfaction with care 9.3.7.5. Mental health 9.3.7.6. X Dental care 9.3.7.7. Other, list: 9.3.8. Performance measures for special targeted populations.

The State segregates the data for its MCHP Premium program. This is made possible through the use of coverage group codes to identify distinct coverage groups of individuals eligible under MCHP Premium. This includes separate information on the number of children enrolled in MCHP Premium by income level (effective July 1, 2004, for income levels 200-250% FPL and 250-300% FPL). For September 1, 2003 through June 30, 2004, children in income level 185-200% FPL were included in MCHP Premium data and, for July 1, 2001 through June 30, 2003, MCHP Premium children were reported separately by source of coverage (Medicaid look-alike and ESI). Effective January 1, 2007 children in income levels from 200 % up to 300% (MCHP Premium) will continue to be tracked by distinct coverage groups.

- 9.4. X The State assures it will collect all data, maintain records and furnish reports to the Secretary at the times and in the standardized format that the Secretary requires. (Section 2107(b)(1)) (42CFR 457.720)
- **9.5.** X The State assures it will comply with the annual assessment and evaluation required under Section 10. Briefly describe the State's plan for these annual assessments and reports. (Section 2107(b)(2)) (42CFR 457.750)

The Maryland HealthChoice Quality Improvement Program (QIP) outlines the monitoring, evaluation and reporting methodologies the State will use to oversee the quality of health care services delivered to enrollees in the Maryland Children's Health Program.

9.6. X The State assures it will provide the Secretary with access to any records or information relating to the plan for purposes of review of audit. (Section 2107(b)(3)) (42CFR 457.720)

- 9.7. X The State assures that, in developing performance measures, it will modify those measures to meet national requirements when such requirements are developed. (42CFR 457.710(e))
- **9.8.** The State assures, to the extent they apply, that the following provisions of the Social Security Act will apply under Title XXI, to the same extent they apply to a State under Title XIX: (Section 2107(e)) (42CFR 457.135)
  - **9.8.1. X** Section 1902(a)(4)(C) (relating to conflict of interest standards)
  - **9.8.2. X** Paragraphs (2), (16) and (17) of Section 1903(i) (relating to limitations on payment)
  - **9.8.3. X** Section 1903(w) (relating to limitations on provider donations and taxes)
  - **9.8.4.**X Section 1132 (relating to periods within which claims must be filed)
- **9.9.** Describe the process used by the State to accomplish involvement of the public in the design and implementation of the plan and the method for insuring ongoing public involvement. (Section 2107(c)) (42CFR 457.120(a) and (b))

#### MCHP:

In 1997, Governor Parris N. Glendening and the Secretary of the Department of Health and Mental Hygiene Martin P. Wasserman engaged in an extensive public process to obtain input on the design and implementation of the Maryland Children's Health Program. To ensure broad public input, the process began with four public hearings throughout the State and culminated with Governor's Round Table on Children's Health Insurance, which Governor Glendening personally chaired. The hearings and Round Table were followed by four regional briefings. Finally, there was an extensive legislative process which resulted in the Children and Families First Health Care Act of 1998. The Department of Health and Mental Hygiene will assure ongoing public involvement in the Maryland Children's Health Program through consultation with the Maryland Medicaid Advisory Committee and through monthly communication with the Local Health Department's health officers. The strategies used by the Department in this public involvement process are described below.

# Public Input—Design and Implementation

#### Public Hearings

The four public hearings were publicized through appropriate advocacy and provider groups as well as direct mailings to over 200 representatives of consumers, providers and advocacy groups. The first public hearing, for Western Maryland, was held in Hagerstown on October 28, 1997; the second public hearing, for Central Maryland, was held in College Park on October 30, 1997. The third public hearing, for the Eastern Shore, was held in Wye Mills on November 3, 1997; the fourth public hearing, for Baltimore City, was held in Baltimore on November 6, 1997. All hearings were held at 7 p.m. to assure maximum public participation. Each hearing began with the Governor's representative explaining the provisions of the Children's Health Insurance Programunder Title XXI

and the options available for implementing the program in Maryland. Individuals were then given an opportunity to offer their views. A total of 193 individuals attended the four hearings and 94 testified. Of those individuals who addressed the issue, 60 recommended implementing Title XXI by expanding the current Medicaid program. Only five individuals recommended establishing a new program rather than expanding Medicaid.

#### • Governor's Round Table on Children's Health Insurance

Governor Glendening chaired the Governor's Round Table on Children's Health Insurance in Baltimore on November 18, 1997. There were approximately 20 participants in the Round Table, including several key members of the Maryland General Assembly, representatives of provider and advocacy groups, community leaders, and a representative from the Children's Defense Fund and the National Governor's Association. The representative of the National Governor's Association explained the provisions of the Federal law and the Secretary of Health and Mental Hygiene explained the current situation in Maryland and options for implementing the new program. The Governor then chaired a discussion focusing on the expansion population, the benefit package, options for implementation, and whether there should be co-payments and premiums for enrollees. The discussion included all of the Round Table participants. Of those Round Table members who expressed a preference, all recommended implementing Title XXI through expanding the current Medicaid program. In addition to the participants, there were approximately 250 people in the audience observing the proceedings of the Round Table. A pproximately 15 members of the audience made comments or raised questions during a question-and-answer session; only one person expressed opposition to implementing the program by expanding the Medicaid program.

# • Regional Briefings on Maryland Children's Health Program

Subsequent to the four regional Public Hearings and the Governor's Round Table Discussion, the Department and the Governor's Office conducted four regional briefings. These briefings were held in eastern, central, southern, and western regions of Maryland. This provided an opportunity for the public, consumers, advocates, Local Health Departments, and service providers to learn about the legislative proposal submitted by the Governor to the Maryland General Assembly. The briefings offered an additional opportunity for local and regional recommendations regarding the design and implementation of the Maryland Children's Health Program. The regional briefings were conducted by the Secretary or Deputy Secretary of the Department of Health and Mental Hygiene and a member of the Governor's executive staff. Interested parties, including State Legislators and Local Health Departments, were notified about the briefings through mailings and press releases.

The dates and locations of the briefings were as follows:

- Eastern Maryland—Salisbury, MD, January 22, 1998
- Central Maryland—Baltimore, MD, January 28, 1998
- Southern Maryland—Rockville, MD, February 2, 1998

Western Maryland—Cumberland, MD, February 2, 1998

#### • Maryland Legislature 1998

The expansion of coverage to uninsured children was one of the major policy initiatives of Governor Glendening and the 1998 Maryland legislative session. Prior to the start of the session the Governor proposed legislation to address the needs of uninsured children. The legislature then engaged in an extensive debate on proposals regarding uninsured children. The legislative process included the formation of a work group of key legislative leaders who met regularly throughout the session. The work group invited representatives from the insurance industry, hospital, physician, provider and child advocacy groups to attend and participate in their work sessions. April 11, 1998, legislation entitled The Children and Families First Health Care Act of 1998, authorizing the Maryland Children's Health Program passed with overwhelming bipartisan support. This legislation closely follows the legislation originally proposed by Governor Glendening.

#### **Ongoing Public Involvement**

#### • Maryland Medicaid Advisory Committee

The Maryland Medicaid Advisory Committee reviewed and discussed the provisions of Title XXI and the options available to the State at its meetings of October 23 and November 24, 1997. The Committee recommended expanding the existing Medicaid program to implement the new program.

In order to assure on-going public involvement and input in program implementation and continuing administration, the State uses the Maryland Medicaid Advisory Committee, established under the Section 1115 Maryland Medicaid waiver for the HealthChoice program.21 The Maryland Medicaid Advisory Committee consists of 27 members including State legislators, consumers, and providers. The Committee is currently charged with advising the Department of Health and Mental Hygiene on the implementation, operation and evaluation of the Medicaid program, including the following activities: reviewing and making recommendations on regulations; reviewing and making recommendations on standards used in contracts with Managed Care Organizations; reviewing and making recommendations on the Department's oversight of quality assurance standards; reviewing data collected from Managed Care Organizations and data collected by the Maryland Health Care Access and Cost Commission; promoting the dissemination of Managed Care Organization performance information; assisting the Department in the evaluation of the enrollment process; reviewing reports of the Ombudsman; and publishing an annual report to the Governor and Maryland General Assembly. The Committee has added the Title XXI program to each of these

<sup>21.</sup> The role of the Medicaid Advisory Committee is explicitly outlined in the "Children and Families First Health Care Act of 1998."

areas of its responsibility, as appropriate. The Committee meets monthly and periodically conducts regional public hearings.

#### • Monthly Meetings with the Local Health Departments

On a monthly basis, local health officers representing the 24 LHDs have a round table discussion on is sues affecting the implementation of the HealthChoice program.

#### MCHP Premium

The Maryland General Assembly, in its 1999 session, enacted Senate Bill 738, requiring the Department of Health (the Department or MHD) to study how to expand eligibility for the Maryland Children's Health Programby using private market insurance (private option) coverage. SB 738 directed the Department to:

Study and make recommendations regarding the ability of the State to expand the Children and Families Health Care Program beyond the current income eligibility level to individuals who would qualify for the enhanced federal match provided for under Title XXI of the Social Security Act as part of the program established under §15-301 of this subtitle through private market, employer-sponsored health benefits plans and private market, individual health benefit plans.

To fulfill this legislative mandate, the Department formed a Technical Advisory Committee (TAC) composed of representatives of the Department, the Maryland Insurance Administration, the Maryland Health Care Foundation, the Maryland Health Care Commission, the business community, the health care insurance industry, and State employees. In the interest of gaining as broad and informed a perspective as possible, the Department expanded the membership of the TAC to also include advocates representing additional relevant interest groups.

The University of Maryland, Baltimore County (UMBC), Center for Health Program Development and Management (CHPDM), conducted all relevant research and provided staff to support the TAC. The Department and the TAC pursued an open and inclusive approach to soliciting information and assuring that complex (and potentially contentious) design issues were thoroughly reviewed and discussed. Two methods were used:

- Full meetings of the TAC. The full TAC met on five separate occasions from June to October 1999. Each of these meetings lasted for roughly three hours and, in the aggregate, touched on all as pects of the private option. At its initial meetings, the TAC reviewed proposed approaches to the private option, adopted a workplan, and addressed basic issues, such as benefit design. At later meetings, staff recommendations were presented, discussed, and modified.
- Issue-specific work groups. Five workgroups supplemented the deliberations of the full TAC. The workgroups were composed primarily of TAC members, but also included additional individuals

with relevant expertise or experience (e.g., employers). The workgroups explored the following is sues: benefit design, administrative concerns for employers and insurers, outreach processes, and cost sharing requirements. At the recommendation of the TAC, a sixth workgroup of consumers met in November, 1999 and discussed the program's overall design and implementation. The consumer focus group paid particular attention to the potential effects of various cost sharing mechanisms.

In addition to discussions designed to capture input from the TAC and the workgroups, staff researched and analyzed a number of topics necessary to inform these groups' deliberations. Staff prepared the following:

- Discussion papers. Staff produced a series of papers presenting pertinent research and analysis of key is sues that are central to the design and development of a private option program under Title XXI. Discussion papers on the following topics were distributed to workgroup participants and the TAC as a whole:
  - ➤ Benefit Design Options;
  - > Estimating the Target Population; and
  - Cost Sharing Issues.
- Employer survey. Maryland has always been concerned that the HCFA guidance calling for an employer contribution of at least 60 percent of the cost of family coverage for employer-sponsored coverage under Title XXI, represented a significant barrier to employer participation in a private option program. Therefore, Maryland was very interested in collecting Maryland-specific data on this issue. In cooperation with TAC members, staff developed a brief employer contribution survey to gather information on employee health insurance contribution patterns among Maryland employers. The survey was mailed to over 23,000 Maryland employers and responses were received from over 2,600 employers. The results of the survey provide a strong basis for Maryland seeking a lower employer contribution threshold of 50 percent for the private option. Based on final federal regulations and Maryland's experience since July, 2001 in implementing and operating the private option program, Maryland reduced the required employer contribution threshold to 30 percent. This allowed the State to provide access to the MCHP Premium through employer-sponsored insurance for children in families where the family size was large enough to meet the cost-effectiveness test.
- Research of approaches being used by other states. A very limited number of other states have either developed or attempted to develop employer-sponsored approaches to providing health insurance coverage for children through a separate state plan under Title XXI. To understand how they designed and implemented their Title XXI employer-sponsored insurance programs, and to as sess their current status, staff contacted each of the states (Massachusetts, Wisconsin, Mississippi, and Oregon) that have either been approved by, or submitted a proposal to, HCFA to use an employer-based approach to Title XXI.

- Interim Report. As required by SB 738, the Department prepared an interim report recounting the TAC process and progress. The interim report (submitted September 15, 1999) did the following. It:
  - > Presented TAC discussions of major policy issues, especially benefit design;
  - > Outlined the remaining issues to be addressed;
  - > Described a strategy for completing the Committee's efforts; and,
  - ➤ Included copies of all is sue papers.

The process outlined above was invaluable in the development of workable recommendations for a Maryland Children's Health Program private option that adhered to the goals and requirements detailed in SB 738. The Department especially benefited from the active participation of the membership of the TAC, in particular from the TAC's willingness to openly discuss issues and consider opposing viewpoints. The TAC's spirited and insightful discussions were indispensable to understanding the complexities of the private option.

Using the final December 3, 1999 report of the TAC as a starting point, the Maryland legislature passed the HB2, the Maryland Health Programs Expansion Act of 2000. Thus, this state plan amendment is the culmination of an extensive public process.

Since enactment of the legislation in April of 2000, MDH has reconvened the TAC to discuss its implementation plans. MDH will continue to hold regular meetings with the TAC and arrange meetings with technical experts as needed.

#### Legislative Adjustments to MCHP and MCHP Premium effective July 1, 2003

In the 2003 session of the Maryland General Assembly, changes were made to MCHP and MCHP Premium pursuant to House Bill 40 of 2003 (the Budget Bill 2003) and House Bill 935 of 2003 (the Budget Reconciliation and Financing Act of 2003).

House Bill 40 and House Bill 935 froze enrollment in MCHP Premium for children in families with incomes above 200 percent FPL but at or below 300 percent FPL, eliminated ESI enrollment for MCHP Premium children, and required MCHP children above 185 percent FPL to pay a premium for continued coverage. The legislation set the premium for children above 185 percent FPL at 2 percent FPL for a family of two at 185 percent FPL. All changes are effective July 1, 2003, per the legislation. (NOTE: Implementation of changes to MCHP Premium occurs effective July 1, 2003. Imposition of a premium on children in families with incomes above 185 percent FPL but at or below 200 percent FPL will occur effective September 1, 2003.)

Maryland agency regulations for MCHP and MCHP Premium are amended effective July 1, 2003, to implement the changes mandated by the legislation.

The Medicaid Advisory Committee was advised of all changes in May and June 2003.

Legislative Adjustments to MCHP and MCHP Premium effective July 1, 2004

The changes made to MCHP and MCHP Premium effective July 1, 2003 pursuant to House Bill 40 of 2003 and House Bill 935 of 2003 are applicable to state fiscal year 2004 only. These changes expire at the end of the state fiscal year, on June 30, 2004. The sole exception is the elimination of the ESI program, which the Maryland General Assembly terminated July 1, 2003 by amendment to the Annotated Code of Maryland.

Effective July 1, 2004, children in families with income above 185 percent FPL but at or below 200 percent FPL will not be required to pay a premium for coverage. The upper income limit for MCHP (the free Medicaid expansion program) and the lower income standard for MCHP Premium (the contributory separate child health program) will change from above 185 percent FPL to above 200 percent FPL.

Also effective July 1, 2004, the freeze on new enrollment in MCHP Premium for children in families with income above 200 percent FPL but not greater than 300 percent FPL will be removed.

Maryland agency regulations for MCHP and MCHP Premium will be amended effective July 1, 2004, to implement these changes.

The Medicaid Advisory Committee was advised of these changes in May, 2004.

Effective January 1, 2007, MCHP Premium will transition all of its children from its separate program to its Medicaid expansion program. The Medicaid expansion will include children with family income above 200 percent and at or below 300 percent of the FPL. Upon approval of this amendment, and after exhaustion of title XXI funds, the State will have the option of rewriting to title XIX funds for its Medicaid expansion children. The State will only be permitted to use title XIX funds to cover these children until title XXI dollars are replenished.

9.9.1 Describe the process used by the State to ensure interaction with Indian Tribes and organizations in the State on the development and implementation of the procedures required in 42 CFR 457.125. States should provide notice and consultation with Tribes on proposed pregnant women expansions. (Section 2107(c)) (42CFR 457.120(c))

Maryland has no federally or State-recognized Indian tribes. Any Maryland resident, including those who are American Indians or Alaska natives, may participate in the review of amendments to State law or regulation and may offer comments on all Programpolicies, including those relating to provision of

child health assistance to American Indian or Alaska native children. The process for review and comment is outlined in 9.9.2 below

**9.9.2** For an amendment relating to eligibility or benefits (including cost sharing and enrollment procedures), describe how and when prior public notice was provided as required in 42 CFR457.65(b) through (d).

Prior to 2009, Maryland was under the impression that it had no urban Indian health organizations that met federal requirements. Pursuant to CMS guidance, related to SMDL 10-001 of January 22, 2010 regarding § 5006 of the American Recovery and Reinvestment Act of 2009 (ARRA), CMS acquainted us with an organization devoted to behavioral health and substance abuse prevention and services, supported by funding from IHS Region IV (Nashville). Native American Lifelines of Baltimore constitutes an outreach and referral urban Indian health organization. Effective March 2010, Maryland Medicaid (including CHIP) provides notice of proposed state plan or waiver changes prior to submission for CMS approval to Ms. Kerry Hawk Lessard, MAA, GPRA Coordinator/Medical Case Manager of Native American Lifelines of Baltimore. We benefit from Ms. Lessard's willingness to consult on proposed policy changes.

- 9.9.3 Describe the State's interaction, consultation, and coordination with any Indian tribes and organizations in the State regarding implementation of the Express Lane eligibility option.
- The Express Lane option was designed prior to implementation of the Express Lane eligibility option. Because our EL was based on income taxes, it did not reach the majority of the AI/AN population interacting with Native American Lifelines of Baltimore.
- **9.10** Provide a 1-year projected budget. A suggested financial form for the budget is below. The budget must describe: (Section 2107(d)) (42CFR 457.140)
  - Planned use of funds, including:
    - Projected amount to be spent on health services;
    - Projected amount to be spent on administrative costs, such as outreach, child health initiatives, and evaluation; and
    - Assumptions on which the budget is based, including cost per child and expected enrollment.
    - projected expenditures for the separate child health plan, including but not limited to expenditures for targeted low income children, the optional coverage of the unborn, lawfully residing eligibles, dental services, etc. All cost sharing, benefit, payment, eligibility need to be reflected in the budget.
  - Projected sources of non-Federal plan expenditures, including any requirements for cost-sharing by enrollees.
  - Include a separate budget line to indicate the cost of providing coverage to

- pregnant women.
- States must include a separate budget line item to indicate the cost of providing coverage to premium as sistance children.
- Include a separate budget line to indicate the cost of providing dental-only supplemental coverage.
- Include a separate budget line to indicate the cost of implementing Express Lane Eligibility.
- Provide a 1-year projected budget for all targeted low-income children covered under the state plan using the attached form. Additionally, provide the following:
  - Total 1-year cost of adding prenatal coverage
  - Estimate of unborn children covered in year 1

#### Program Budget

# We provided the overall program budget with the recently approved HSI initiatives for combating lead poisoning and addressing environmental contamination—see chart below.

Both of the HSI Program initiatives will expand the current resources available in Maryland to identify and abate lead-related health hazards for low-income children. Maryland assures that CHIP funding for the HSI Lead Initiative will not be claimed as a match for federal funds under any existing county, municipal, State or federal program.

# Program#1: Healthy Homes for Healthy Kids

The Healthy Homes for Healthy Kids Program proposes to expand upon the DHCD's existing lead abatement activities statewide to serve low-income children in eligible properties with lead contamination using \$500,000 in State funding and \$3,666,667 in CHIP federal matching funds. The State's share will be funded through existing State General Funds.

#### Program#2: Childhood Lead Poisoning Prevention & Environmental Case Management Program

The Childhood Lead Poisoning Prevention & Environmental Case Management program will use \$360,000 of State General Funds and \$2,640,000 in CHIP federal matching funds to expand capacity to build environmental case management and CHW capacity in LHDs. The expansion of the Lead Poisoning Prevention & Environmental Case Management program will be funded through State general funds of \$360,000 under the MDH EHB's annual budget allocation.

These initiatives will expand the current resources available in Maryland to identify and abate lead-related health hazards for low-income children. Maryland assures that CHIP funding for the HSI Lead Initiative will not be claimed as a match for federal funds under any existing county, municipal, State or federal program.

# COST OF PROPOSED [S]CHIP PLAN

	FFY 2017
Enhanced FMAP Rate	88% FMAP
Benefit Costs	
In surance payments	
Managed Care	\$228,981,530
per member/per month rate	\$128.42
Fee for Service	\$139,295,880
Total Benefit Costs	\$368,277,410
(Offsetting beneficiary cost sharing payments)	\$(8,212,586)
Net Benefit Costs	\$360,064,824
Cost of Proposed SPA Changes - Benefit	\$0
Administrative Costs	\$33,812,443
Personnel	\$2,462,620
General Admin	\$16,944,615
Contractors	\$3,254,734
Claims Processing	

Outreach / Marketing Costs	\$1,065,846
Health Services Initiative. Costs	
HSI – Pois on Control	\$2,917,961
HSI – Program 1	\$4,166,667
HSI - Program2	\$3,000,000
Total Administrative Costs	\$33,812,443
10% Administrative Cost Ceiling	\$40,007,203
Costs of Proposed SPA Changes	\$7,166,667
Federal Share	\$346,611,995
State Share	\$47,265,272
TOTAL PROGRAM COSTS	\$393,877,267

#### Section 10. Annual Reports and Evaluations

Guidance:

The National Academy for State Health Policy (NASHP), CMS and the states developed framework for the annual report that states have the option to use to complete the required evaluation report. The framework recognizes the diversity in State approaches to implementing CHIP and provides consistency across states in the structure, content, and format of the evaluation report. Use of the framework and submission of this information will allow comparisons to be made between states and on a nationwide basis. The framework for the annual report can be obtained from NASHP's website at http://www.nashp.org. Per the title XXI statute at Section 2108(a), states must submit reports by January 1<sup>st</sup> to be compliant with requirements.

**10.1. Annual Reports.** The State assures that it will assess the operation of the State plan under this Title in each fiscal year, including: (Section 2108(a)(1),(2)) (42CFR 457.750)

**10.1.1.** X The progress made in reducing the number of uninsured low-income children and report to the Secretary by January 1 following the end of the fis cal year on the result of the assessment.

Maryland has filed Annual Reports for MCHP (effective July 1, 1998) for fiscal years 1998—2011. According to SHADAC, Maryland's uninsured children fell from 5.3% in 2010 to 3.6% in 2014.

- **10.2.** X The State assures it will comply with future reporting requirements as they are developed. (42CFR 457.710(e))
- **10.3.** X The State assures that it will comply with all applicable Federal laws and regulations, including but not limited to Federal grant requirements and Federal reporting requirements.
- Specify that the State agrees to submit yearly the approved dental benefit package and to submit quarterly current and accurate information on enrolled dental providers in the State to the Health Resources and Services Administration for posting on the Insure Kids Now! Website. Please update Sections 6.2-DC and 9.10 when electing this option.

#### Section 11. Program Integrity (Section 2101(a))

- X Check here if the State elects to use funds provided under Title XXI only to provide expanded eligibility under the State's Medicaid plan, and continue to Section 12.
- 11.1. The State assures that services are provided in an effective and efficient manner through free and open competition or through basing rates on other public and private rates that are actuarially sound. (Section 2101(a)) (42CFR 457.940(b))
- 11.2. The State assures, to the extent they apply, that the following provisions of the Social Security Act will apply under Title XXI, to the same extent they apply to a State under Title XIX: (Section 2107(e)) (42CFR 457.935(b)) The items below were moved from section 9.8. (Previously items 9.8.6. 9.8.9)
  - 11.2.1. □
    42 CFR Part 455 Subpart B (relating to disclosure of information by providers and fis cal agents)
    11.2.2. □
    Section 1124 (relating to disclosure of ownership and related information)
    Section 1126 (relating to disclosure of information about certain convicted individuals)
    11.2.4. □
    Section 1128A (relating to civil monetary penalties)
    Section 1128B (relating to criminal penalties for certain additional charges)
    Section 1128E (relating to the National health care fraud and abuse data collection program)

# Section 12. Applicant and Enrollee Protections (Sections 2101(a))

- X Check here if the State elects to use funds provided under Title XXI only to provide expanded eligibility under the State's Medicaid plan.
- **12.1.** Eligibility and Enrollment Matters Describe the review process for eligibility and enrollment matters that complies with 42 CFR 457.1120. Describe any special processes and procedures that are unique to the applicant's rights when the State is using the Express Lane option when determining eligibility.
- **12.2. Health Services Matters-** Describe the review process for health services matters that comply with 42 CFR 457.1120.
- **12.3. Premium Assistance Programs-** If providing coverage through a group health plan that does not meet the requirements of 42 CFR 457.1120, describe how the State will assure that applicants and enrollees have the option to obtain health benefits coverage other than through the group health plan at initial enrollment and at each redetermination of eligibility.

# **Key for Newly Incorporated Templates**

The newly incorporated templates are indicated with the following letters after the numerical section throughout the template.

- PC- Prenatal care and associated health care services (SHO #02-004, is sued November 12, 2002)
- PW-Coverage of pregnant women (CHIPRA #2, SHO #09-006, is sued May 11, 2009)
- TC- Tribal consultation requirements (ARRA #2, CHIPRA #3, is sued May 28, 2009)
- DC- Dental benefits (CHIPRA # 7, SHO # #09-012, is sued October 7, 2009)
- DS- Supplemental dental benefits (CHIPRA # 7, SHO # #09-012, is sued October 7, 2009)
- PA-Premium as sistance (CHIPRA # 13, SHO # 10-002, is sued February 2, 2010)
- EL- Express lane eligibility (CHIPRA # 14, SHO # 10-003, is sued February 4, 2010)
- LR- Lawfully Residing requirements (CHIPRA # 17, SHO # 10-006, is sued July 1, 2010)

		C	MS Regional Offices	
CMS Regional Offices	~	tates	Associate Regional Administrator	Regional Office Address
Region 1- Boston	Connecticut Massachuset ts Maine	New Hampshire Rhode Island Vermont	Richard R. McGreal richard.mcgreal@cms.hhs.gov	John F. Kennedy Federal Bldg. Room 2275 Boston, MA 02203-0003
Region 2- New York	New York Virgin Islands	New Jersey Puerto Rico	Michael Melendez michael.melendez@cms.hhs.gov	26 Federal Plaza Room 3811 New York, NY 10278-0063
Region 3- Philadelphia	Delaware District of Columbia Maryland	Pennsylvania Virginia West Virginia	Ted Gallagher ted.gallagher@cms.hhs.gov	The Public Ledger Building 150 South Independence Mall West Suite 216 Philadelphia, PA 19106
Region 4- Atlanta	Alabama Florida Georgia Kentucky	Mississippi North Carolina South Carolina Tennessee	Jackie Glaze jackie.glaze@cms.hhs.gov	Atlanta Federal Center 4 <sup>th</sup> Floor 61 Fors yth Street, S.W. Suite 4T20 Atlanta, GA 30303-8909
Region 5- Chicago	Illinois Indiana Michigan	Minnesota Ohio Wisconsin	Verlon Johnson verlon.johnson@cms.hhs.gov	233 North Michigan Avenue, Suite 600 Chicago, IL 60601
Region 6- Dallas	Arkansas Louisiana New Mexico	Oklahoma Texas	Bill Brooks bill.brooks@cms.hhs.gov	1301 Young Street, 8th Floor Dallas, TX 75202
Region 7- Kans as City	Iowa Kansas	Missouri Nebraska	James G. Scott  james.scott1@cms.hhs.gov	Richard Bulling Federal Bldg. 601 East 12 Street, Room235 Kans as City, MO 64106-2808
Region 8- Denver	Colorado Montana North Dakota	South Dakota Utah Wyoming	Richard Allen richard.allen@cms.hhs.gov	Federal Office Building, Room 522 1961 Stout Street Denver, CO 80294-3538
Region 9- San Francisco	Arizona California Hawaii Nevada	American Samoa, Guam, Northern Mariana Is lands	Gloria Nagle gloria.nagle@cms.hhs.gov	90 Seventh Street Suite 5-300 San Francisco Federal Building San Francisco, CA 94103
Region 10- Seattle	Idaho Washington	Alaska Oregon	Carol Peverly carol.peverly@cms.hhs.gov	2001 Sixth Avenue MS RX-43 Seattle, WA 98121

#### **GLOSSARY**

Adapted directly from SEC. 2110. DEFINITIONS.

- CHILD HEALTH ASSISTANCE- For purposes of this title, the term`child health assistance' means payment for part or all of the cost of health benefits coverage for targeted low-income children that includes any of the following (and includes, in the case described in Section 2105(a)(2)(A), payment for part or all of the cost of providing any of the following), as specified under the State plan:
  - 1. Inpatient hospital services.
  - 2. Outpatient hospital services.
  - 3. Physician services.
  - 4. Surgical services.
  - 5. Clinic services (including health center services) and other ambulatory health care services.
  - 6. Prescription drugs and biologicals and the administration of such drugs and biologicals, only if such drugs and biologicals are not furnished for the purpose of causing, or assisting in causing, the death, suicide, euthanasia, or mercy killing of a person.
  - 7. Over-the-counter medications.
  - 8. Laboratory and radiological services.
  - 9. Prenatal care and prepregnancy family planning services and supplies.
  - 10. Inpatient mental health services, other than services described in paragraph (18) but including services furnished in a State-operated mental hospital and including residential or other 24-hour therapeutically planned structured services.
  - 11. Outpatient mental health services, other than services described in paragraph (19) but including services furnished in a State-operated mental hospital and including community-based services.
  - 12. Durable medical equipment and other medically-related or remedial devices (such as prosthetic devices, implants, eyeglasses, hearing aids, dental devices, and adaptive devices).
  - 13. Disposable medical supplies.
  - 14. Home and community-based health care services and related supportive services (such as home health nursing services, home health aide services, personal care, assistance with activities of daily living, chore services, day care services, respite care services, training for family members, and minor modifications to the home).
  - 15. Nursing care services (such as nurse practitioner services, nurse midwife services, advanced practice nurse services, private duty nursing care, pediatric nurse services, and respiratory care services) in a home, school, or other setting.
  - 16. Abortion only if necessary to save the life of the mother or if the pregnancy is the result of an act of rape or incest.
  - 17. Dental services.
  - 18. Inpatient substance abuse treatment services and residential substance abuse treatment services.
  - 19. Outpatient substance abuse treatment services.
  - 20. Case management services.
  - 21. Care coordination services.
  - 22. Physical therapy, occupational therapy, and services for individuals with speech, hearing, and language disorders.
  - 23. Hospice care.

- 24. Any other medical, diagnostic, screening, preventive, restorative, remedial, therapeutic, or rehabilitative services (whether in a facility, home, school, or other setting) if recognized by State law and only if the service is -
  - a. prescribed by or furnished by a physician or other licensed or registered practitioner within the scope of practice as defined by State law,
  - b. performed under the general supervision or at the direction of a physician, or
  - c. furnished by a health care facility that is operated by a State or local government or is licensed under State law and operating within the scope of the license.
- 25. Premiums for private health care insurance coverage.
- 26. Medical transportation.
- 27. Enabling services (such as transportation, translation, and outreach services) only if designed to increase the accessibility of primary and preventive health care services for eligible low-income individuals.
- 28. Any other health care services or items specified by the Secretary and not excluded under this section.

#### TARGETED LOW-INCOME CHILD DEFINED- For purposes of this title--

- 1. IN GENERAL- Subject to paragraph (2), the term `targeted low-income child' means a child
  - a. who has been determined eligible by the State for child health assistance under the State plan;
  - b. (i) who is a low-income child, or
    - (ii) is a child whose family income (as determined under the State child health plan) exceeds the Medicaid applicable income level (as defined in paragraph (4)), but does not exceed 50 percentage points above the Medicaid applicable income level; and
  - c. who is not found to be eligible for medical assistance under title XIX or covered under a group health plan or under health insurance coverage (as such terms are defined in Section 2791 of the Public Health Service Act).
- 2. CHILDREN EXCLUDED- Such termdoes not include-
  - a. a child who is a resident of a public institution or a patient in an institution for mental diseases; or
  - b. a child who is a member of a family that is eligible for health benefits coverage under a State health benefits plan on the basis of a family member's employment with a public agency in the State.
- 3. SPECIAL RULE- A child shall not be considered to be described in paragraph (1)(C) notwithstanding that the child is covered under a health insurance coverage program that has been in operation since before July 1, 1997, and that is offered by a State which receives no Federal funds for the program's operation.
- 4. MEDICA ID A PPLICA BLE INCOME LEVEL- The term `Medicaid applicable income level' means, with respect to a child, the effective income level (expressed as a percent of the poverty line) that has been specified under the State plan under title XIX (including under a waiver authorized by the Secretary or under Section 1902(r)(2)), as of June 1, 1997, for the child to be eligible for medical as sistance under Section 1902(l)(2) for the age of such child.
- 5. TARGETED LOW-INCOME PREGNANT WOMAN.—The term 'targeted low-income pregnant

woman' means an individual—''(A) during pregnancy and through the end of the month in which the 60-day period (beginning on the last day of her pregnancy) ends; ''(B) whose family income exceeds 185 percent (or, if higher, the percent applied under subsection (b)(1)(A)) of the poverty line applicable to a family of the size involved, but does not exceed the income eligibility level established under the State child health plan under this title for a targeted low-income child; and ''(C) who satisfies the requirements of paragraphs (1)(A), (1)(C), (2), and (3) of Section 2110(b) in the same manner as a child applying for child health assistance would have to satisfy such requirements.

#### ADDITIONAL DEFINITIONS- For purposes of this title:

- 1. CHILD- The term`child' means an individual under 19 years of age.
- 2. CREDITABLE HEALTH COVERAGE- The term`creditable health coverage' has the meaning given the term`creditable coverage' under Section 2701(c) of the Public Health Service Act (42 U.S.C. 300gg(c)) and includes coverage that meets the requirements of section 2103 provided to a targeted low-income child under this title or under a waiver approved under section 2105(c)(2)(B) (relating to a direct service waiver).
- 3. GROUP HEALTH PLAN; HEALTH INSURANCE COVERAGE; ETC- The terms `group health plan', `group health insurance coverage', and `health insurance coverage' have the meanings given such terms in Section 2191 of the Public Health Service Act.
- 4. LOW-INCOME CHILD The term`low-income child' means a child whose family income is at or below 200 percent of the poverty line for a family of the size involved.
- 5. POVERTY LINE DEFINED- The term`poverty line' has the meaning given such term in section 673(2) of the Community Services Block Grant Act (42 U.S.C. 9902(2)), including any revision required by such section.
- PREEXISTING CONDITION EXCLUSION- The term`preexisting condition exclusion' has the meaning given such term in section 2701(b)(1)(A) of the Public Health Service Act (42 U.S.C. 300gg(b)(1)(A)).
- 7. STATE CHILD HEALTH PLAN; PLAN- Unless the context otherwise requires, the terms `State child health plan' and `plan' mean a State child health plan approved under Section 2106.
- 8. UNINSURED CHILD- The term`uninsured child' means a child that does not have creditable health coverage.